

Parks & Recreation

Summer 2012 Program Guide



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Best Recreation Center
2008, 2009, 2010



Ballfield Design
Honor Award - 2010



National Alliance for
Youth Sports
Honorable Mention - 2011



Starburst Award
Erie Community Park - 2010

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QUICK GUIDE FOR PARENTS

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WELCOME

Welcome to another wonderful Colorado summer! We have much in store for you and your family this season! This guide covers programs and activities from June 1 – August 31, 2012.

Special events highlight the fun you'll have – for a complete listing, see pages 22-23! Bark in the Park is back on June 9 at Coal Creek Park, followed by two Concerts in the Park and two Movies in the Park – all at your Erie Community Park! The Firecracker 4K/4M will take place on July 1, then time for the little ones to show their stuff at the Mighty Kids' Triathlon on August 11! And don't miss this - registration will open on July 21 for The Great Erie Outdoor Adventure!

We are proud to announce expansion of Camp Erie, our state-licensed summer camp program. The Department will conduct camp for 5-7 year olds at Aspen Ridge Preparatory School, while the 8-12 year olds will be at the Center. For more information on Camp Erie see page 20. Additionally, we will be offering CARA Youth Swim Team for the first time ever – this program will meet at the Arapahoe Ridge HOA pool.

Youth sports programs continue to grow – check out the new lacrosse camp on page 26. Erie Parks & Recreation will be hosting its first Hershey's Track and Field meet on June 2, as well as the ever popular Rockies Skills Challenge on June 19. Adult softball leagues continue to add new teams each season – come play with us at the award-winning Ballpark at Erie!

A variety of exciting trips for active adults are on tap this summer, including the Scandinavian Midsummer Festival in Estes Park, the Vail Valley Music Festival, and the Miramont Castle tour.

Spend time enjoying Erie's parks, trails, and open spaces right outside your front door. Erie's connection south to the Coal Creek/Rock Creek Regional Trail will soon be under construction with completion estimated by the end of 2012.

Your Parks & Recreation team has been working hard on achieving national accreditation from the Commission on the Accreditation of Park and Recreation Agencies. We will be hosting auditors from the Commission in late July and will be notified of the results in mid-October. We aim to join an elite group of less than 1% of agencies in the nation who have achieved this designation.

We strive to provide exceptional recreation opportunities to all! Enjoy the many benefits of parks and recreation this summer!

Your Partner in Recreation,

Jill P. Wait
Parks & Recreation Director



Mission, Policies & Staff

PARKS & RECREATION DEPARTMENT MISSION

The Parks & Recreation Department inspires our community to come together, learn, grow and be active, healthy and well by delivering exceptional parks, open spaces, trails, facilities, programs and services.

POLICIES

COMMUNITY CENTER POLICIES

- All guests utilize the Center and participate in activities at their own risk
- Children ages 0-9 must be directly supervised by an adult at all times, unless the child is participating in a Center supervised program; please see Guest Service for specific policies regarding fitness equipment and children. Children 7-9 years old, however, are allowed in T-Town while their parent/guardian(s) are in the Center. Parents cannot drop off their child and leave the Center. Parents must sign in their child at Guest Service, where they will receive a wristband for their child to wear in the Center. Parents must also indicate where they will be in the Center while their 7-9 year old is in T-Town. T-Town will not be staffed
- Please dress appropriately when in the Center. Shoes and shirts are required at all times (except in the pool). Non-marking shoes are required in the gymnasium, racquetball courts, and fitness studio. Proper swim attire is required in the pool area including mesh-lined trunks for males; swim suits for females (street clothes are prohibited). Athletic attire, including closed toe athletic shoes, are required in the fitness areas
- Guests are strongly encouraged to bring their own lock to secure clothing and valuables in lockers. Locks are also available for sale at Guest Service. Locks and property must be removed each night
- A valid form of identification is required for equipment check-out. Acceptable forms of ID include a Center pass, school ID, or library card. Driver's licenses, keys, and credit cards will not be accepted
- Tobacco and weapons are prohibited in the Center
- Animals are prohibited unless service animals accompanying persons with disabilities
- Please be aware of and follow all posted Center rules and guidelines

CODE OF CONDUCT

The Town of Erie expects reasonable and appropriate behavior from those who visit and use the facilities and participate in activities. The Parks & Recreation Department has established a code of conduct to ensure safety and enjoyment and reserves the right to deny admission and/or take disciplinary action against any individual violating the code of conduct. A violation includes, but is not limited to, the use of obscene language or gestures, disorderly conduct, theft, public intoxication, use of drugs, sexual misconduct, indecency, harassment, failure to cooperate with staff, possession of weapons of any kind, non-compliance with established policies and rules, an unlawful activity and any other behavior deemed offensive or unacceptable. Staff will enforce this code of conduct.

NON-DISCRIMINATION POLICY

The Town of Erie does not discriminate on the basis of age, race, sex, color, religion, national origin, disability, veteran status, sexual orientation or any other status protected by law.

The Parks & Recreation Department is committed to supporting individuals with disabilities and we are happy to discuss any special accommodations or adaptations necessary for participation. Please contact the Center at 303.926.2550 for assistance requests or inquiries.

WE TRY TO BE ACCURATE!

We make every effort to ensure the accuracy of the information in this guide. Information is subject to change.

TOWN OF ERIE OFFICIALS AND STAFF

BOARD OF TRUSTEES

Mayor: Joseph A. Wilson
Mayor Pro-Tem: Ronda Grassi

Trustees:
Joe Carnival
Mark Gruber
Jonathan Hager
Janice Moore
Paul Ogg

TOWN OFFICIALS

Town Administrator:
A.J. Krieger

STAFF

Administration:
Parks & Recreation Director: Jill P. Wait
Administrative Coordinator: Amy Teetzel
Marketing/Special Events: Vacant

Parks Division:
Parks Superintendent: Gary Hegner
Asst. Parks Superintendent: Paul Reed
Horticulture Crew Leader: Darren Champion
Forestry Crew Leader: Mike McGill
Athletic Fields Crew Leader: Drew Barber
Parks Technician II: Daniel Peer
Parks Technician II: Shane Jasper

Recreation Division:
Recreation Division Manager: Kris Wilson
Chief Recreation Coordinator: Ian Ferguson
Active Adults 60+: Cindy Gerhardt
Aquatics: Karen Newlon
Facility Maintenance: Ed Mestas
Fitness & Wellness: Shondra Schlichenmayer
General Programs: Matt LaPorte
Guest Service & Member Relations: Charlene LeRoy
Sports: John Pryor

Center Information

CONTACT INFORMATION

450 Powers Street
P.O. Box 1110
Erie, CO 80516
303.926.2550
www.erieparksandrec.com

2012 CENTER HOURS OF OPERATION:

Monday - Thursday	5:30 am - 9:00 pm*
Friday	5:30 am - 7:00 pm*
Saturday	7:00 am - 7:00 pm*
Sunday	8:00 am - 6:00 pm*

*Pool closes 30 minutes prior to the Center

HOLIDAY CLOSURES:

In 2012, the Erie Community Center will be closed on the following dates:

New Year's Day	January 1
President's Day	February 20
Easter Sunday	April 8
Independence Day	July 4
Annual Maintenance Week	August 15 - 21
Thanksgiving Day	November 22
Christmas Eve	December 24
Christmas Day	December 25

There will be amended hours from 8:00 am - 12:00 pm on the following dates:

Memorial Day	May 28
Labor Day	September 3
New Year's Eve	December 31

FACILITY RENTALS

Looking for a place to hold your next function, meeting, or celebration? The multipurpose rooms, kitchen, indoor playground, climbing wall, gymnasium, fitness studio, and pool are all available for rental. For availability, please contact the Center. See page 38 for facilities and amenities.

RACQUETBALL

- Racquetball reservations are taken 48 hours in advance by contacting the Center (No charge to passholders and day pass users)
- Racquetball goggles and racquet wrist straps are highly recommended
- The length of time for a court reservation is 1 hour

EQUIPMENT CHECK OUT

A variety of equipment is available for check out at no charge including: basketballs, volleyballs, racquetball racquets, racquetballs and goggles, and climbing harnesses.



TENNIS

- Tennis reservations are taken 48 hours in advance for the two north tennis courts (1 & 2) by contacting the Center (No charge)
- The length of time for a court reservation is 1 hour
- The two south tennis courts (1 & 2) will remain available on a first come, first served basis (no reservations accepted)

The Parks & Recreation Department may schedule programs and or leagues on the tennis courts; therefore, at times they will be unavailable for reservations.

Tennis courts are open for use from March 15 - November 15.

KIDSTATION HOURS OF OPERATION:

Monday - Friday	8:00 am - 1:00 pm
Monday - Thursday	4:00 - 8:00 pm
Saturday	7:00 am - 1:00 pm
Sunday	8:00 am - 1:00 pm

- Free with Annual Pass
- Ages 6 months - 6 years
- Parents must remain in the Center (outdoor fitness classes are the only exception)
- 90 minute maximum
- Drop-in on a space available basis
- Photo ID required at check-in and will be returned at pick-up

KidStation Fees:

Resident	Non-Resident
\$3/hr for 1st child without annual pass; \$1.50 each addl child in same family	\$3.75/hr for 1st child without annual pass; \$2 each addl child in same family
40 Punch Card = \$75 without annual pass	40 Punch Card = \$95 without annual pass

MINI-MINERS INDOOR PLAYGROUND HOURS OF OPERATION:

Monday - Thursday	11:30 am - 8:30 pm
Friday	10:30 am - 6:30 pm
Saturday	8:00 am - 6:30 pm
Sunday	8:00 am - 5:30 pm

- Play equipment is for ages 9 and under; no children over 4 years in toddler area
- All children must be supervised by an adult at all times
- Socks must be worn at all times - no shoes

T-TOWN (INTERACTIVE GAME ROOM) HOURS OF OPERATION:

Monday - Thursday	8:00 am - 8:30 pm
Friday	8:00 am - 6:30 pm
Saturday	8:00 am - 6:30 pm
Sunday	8:00 am - 5:30 pm

- T-Town is for ages 7-13
- 7-9 year olds must be signed in by their parent/guardian at Guest Service
- Please follow posted instructions for use of all equipment and observe posted rules

Center Fees

ERIE COMMUNITY CENTER - FEES FOR 2012*

	Adult (18-59)	Youth (4-17)	Active Adult (60+)	Active Adult Couple (60+)	Couple	Family
Annual Pass						
Resident	\$365	\$185	\$219**	\$375**	\$625	\$719
Non-Resident	\$455	\$229	\$275**	\$469**	\$779	\$899
3 - Month Pass						
Resident	\$105	\$49	\$59	\$105	\$179	\$199
Non-Resident	\$129	\$59	\$75	\$129	\$225	\$249
20 - Visit Pass						
Resident	\$79	\$39	\$45	-	-	-
Non-Resident	\$99	\$49	\$55	-	-	-
10 - Visit Pass						
Resident	\$29	\$29	\$29	-	-	-
Non-Resident	\$35	\$35	\$35	-	-	-
Daily Admission						
Resident	\$4.50	\$2.25	\$2.70	-	-	\$10
Non-Resident	\$5.50	\$2.75	\$3.40	-	-	\$12

*Subject to change

PASS INFORMATION

- ** = If you turn 60 within 3 months of starting an annual pass, you qualify for the active adult rate
- Couple = 2 adults residing at the same physical address
- Active Adult Couple = 2 persons residing at the same physical address - both of the age 60+
- Family = up to 2 adults and 2 children (17 or younger) residing at the same physical address; \$75 for each additional person
- Children 3 years and younger are free
- 10-Visit passes expire 3 months from purchase date
- 20-Visit passes expire one year from purchase date
- Annual passes may be paid by auto-debit
Please contact the Center for more information

CORPORATE PASSES

- Valid for Annual or 20-Visit passes only
- Applies to employees of businesses located within the town limits (with a business license) and their families
- Discounts applied to relevant Resident or Non-Resident rate
- Pay stub or letter from employer to validate
- 10% discount for 2-9 employees purchasing passes;
15% discount for 10-14; 20% discount for 15 or more

REDUCED RATE ASSISTANCE PROGRAM

The Town of Erie provides a program for eligible participants which will reduce pass fees and recreation activity participation fees. Households that qualify for federally funded assistance programs are eligible. Please contact the Center for more information.

OFF-PEAK ANNUAL PASS

- Fee: R \$185 / NR \$229
- Pass is only valid between the hours of 1:30 pm and 3:30 pm, 7 days a week

WHAT IS INCLUDED IN PASS FEES AND DAILY ADMISSION FEES?

Pass fees and daily admission fees include use of the fitness and weight equipment, running track, locker rooms, racquetball courts (subject to availability), drop-in fitness classes, designated open gym, use of NEOS, open swim and specified climbing times (see page 10). Belay rides are free during supervised open climb times to all annual pass holders. KidStation is also free to all annual pass holders. Access to T-Town, Mini-Miners indoor playground, and Columbine Lounge (ages 60+) is free of charge. Other Center areas and programs may require additional fees.

PASS REFUND/CANCELLATION POLICY

20-Visit passes and KidStation punch cards are non-refundable and non-transferable. 10-Visit passes are non-refundable but transferable.

Annual and 3-Month passes are subject to a cancellation fee:

\$50 for the 1st person
\$25 for the 2nd person
\$10 for each additional person

Annual passes purchased by auto-debit are subject to a cancellation fee: a \$25 fee and forfeiture of the last month's payment which has been paid in advance. Cancellation requests must be received by the 10th of the month. Cancellation requests received after the 10th of the month are subject to the cancellation fee in addition to forfeiture of the current month's first and last month's payment.

Pool Schedule

June - August 2012 (subject to change)

MONDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 10:30 am - 8:30 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	Swim Lessons - 8:00 - 10:30 am
Rope Swing - 1:00 - 3:00 pm	3 lanes open - 10:15 am - 1:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	Adult Swim Lessons - 7:15 - 8:00 pm
	3 lanes open - 4:00 - 6:00 pm	Arthritis Foundation - 9:15 - 10:15 am	
	2 lanes open - 7:00 - 8:30 pm	H ₂ O Aerobics - 6:00 - 7:00 pm	
TUESDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 10:30 am - 5:00 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	Swim Lessons - 8:00 - 10:30 am
Rope Swing - 1:00 - 3:00 pm	3 lanes open - 10:15 am - 12:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	Masters Swim 12:00 - 1:00 pm
Open Swim - 7:00 - 8:30 pm	1 lane open - 12:00 - 1:00 pm	Low Impact - 9:15 - 10:15 am	Swim Lessons - 5:00 - 7:00 pm
Rope Swing - 7:00 - 7:30 pm	3 lanes open - 4:00 - 5:00 pm	Hydro Pump - 6:00 - 7:00 pm	
	1 lane open - 5:00 - 6:30 pm		
WEDNESDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 10:30 am - 8:30 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	Swim Lessons - 8:00 - 10:30 am
Rope Swing - 1:00 - 3:00 pm	3 lanes open - 10:15 am - 1:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	
Rope Swing - 7:00 - 7:30 pm	3 lanes open - 4:00 - 6:00 pm	Arthritis Foundation - 9:15 - 10:15 am	
	3 lanes open - 7:30 - 8:30 pm	H ₂ O Aerobics - 6:00 - 7:00 pm	
THURSDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 10:30 am - 5:00 pm	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	Swim Lessons - 8:00 - 10:30 am
Rope Swing - 1:00 - 3:00 pm	3 lanes open - 10:15 am - 12:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	Masters Swim - 12:00 - 1:00 pm
Open Swim - 7:00 - 8:30 pm	1 lane open - 12:00 - 1:00 pm	Low Impact - 9:15 - 10:15 am	Swim Lessons - 5:00 - 7:00 pm
Rope Swing - 7:00 - 7:30 pm	3 lanes open - 4:00 - 5:00 pm	Hydro Pump - 6:00 - 6:30 pm	
	1 lane open - 5:00 - 6:30 pm	Deep Water - 6:30 - 7:00 pm	
FRIDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 9:00 am - 6:30 pm*	3 lanes open - 5:30 - 8:00 am	Hydro Pump - 7:00 - 8:00 am	
Rope Swing - 1:00 - 3:00 pm	3 lanes open - 10:15 am - 1:00 pm	H ₂ O Aerobics - 8:00 - 9:00 am	
	2 lanes open - 4:00 - 6:30 pm	Hydro Pump - 8:30 - 9:00 am	
		Deep Water - 9:00 - 9:30 am	
		Arthritis Foundation - 9:15 - 10:15 am	
SATURDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 12:00 - 6:30 pm	3 lanes open - 8:00 - 9:00 am	Hydro Pump - 8:00 - 9:00 am	Masters Swim - 7:00 - 8:00 am
Rope Swing - 1:00 - 3:00 pm	1 lane open - 9:00 am - 1:00 pm		Swim Lessons - 9:00 am - 12:00 pm
SUNDAY			
OPEN SWIM	LAP SWIM	WATER AEROBICS	SWIM PROGRAMS
Open Swim - 10:00 am - 5:30 pm	3 lanes open - 8:00 - 10:00 am		
Rope Swing - 12:00 - 2:00 pm			

* Water features will not be turned on until 10:00 am.

Swimming Lessons

SWIMMING LESSONS

PARENT & CHILD AGES 6 MONTHS - 3

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:8 teacher to student ratio.

Swim - Parent & Child 1 (ages 6 months – 24 months)

Parents are taught to safely work with their children in the water, including how to appropriately support and hold their child in the water to prepare and encourage them to try basic water skills while helping the child feel comfortable in the water.

Parent & Child Level 2 (ages 18 months - 3 years)

Parent and child continue to improve on skills introduced in Level 1 to help prepare the child to perform basic water skills including safe ways to enter and exit the water, exploring submersion and changing body position in the water.

Parent & Child Combined (C) (ages 6 months - 3 years)

This program is designed to teach children how to become accustomed to the water through playful interactions and games. Parents learn how to support and hold their child properly while exploring basic water skills.

PRESCHOOL AGES 3 - 5

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:4 teacher to student ratio.

Preschool 1

Students will be taught basic water safety skills and basic arm and leg movements to help develop comfort in the water. In addition, students will learn to enter and exit the water independently and float with support.

Prerequisite: Child must be ready to participate in a group setting.

Preschool 2

Students will build upon the basic skills learned in Preschool 1 and begin to learn independent aquatic locomotion skills. The use of simultaneous and alternating arm and leg actions on the front and back will help in the development of future stroke work.

Prerequisite: Pass Preschool 1; OR Go underwater without hesitation; comfortable floating on front and back with support.

Preschool 3

Students will be taught to perform the skills presented in Preschool 1 and 2 independently to reach greater distances and develop good coordination. The use of combined simultaneous arm and leg actions will continue to help the student build a foundation for proper stroke development.

Prerequisite: Pass Preschool 2; OR Independently floating on front and back for 5 seconds; forward movement through water.

YOUTH AGES 6 - 16

The following American Red Cross lessons run 30 minutes. These lessons strive for a 1:6 teacher to student ratio.

Level 1: Introduction to Water Skills

Students will be taught basic water safety to help build comfort in the water. Elementary aquatic skills such as putting your face in the water, floating with support and basic arm and leg movements will be taught to help build confidence in the water.

Prerequisite: Child must be ready to participate in a group setting.

Level 2: Fundamental Aquatic Skills

Students will build on their confidence in the water by learning to float independently and begin development of locomotion skills. Students will also further develop simultaneous and alternating arm and leg actions on the front and back for future stroke development.

Prerequisite: Pass Level 1; OR Go underwater without hesitation; comfortable floating on front and back with support.

Level 3: Stroke Development

Students will build on skills learned in Levels 1 and 2 and start to learn stroke proficiency in the front crawl and elementary backstroke. Students will also be introduced to the fundamentals of treading water to help build comfort in deep water.

Prerequisite: Pass Level 2; OR Independently floating on front and back for 5 seconds; forward movement through water.

Level 4: Stroke Improvement

Students will continue development of learned strokes (front crawl, elementary backstroke) to achieve greater distances and proficiency. Students will also be introduced to the back crawl, breaststroke, side stroke and butterfly to help build on their aquatic skills.

Prerequisite: Pass Level 3; OR Swim 15 yards front crawl with rotary breathing.

Level 5: Stroke Refinement

Students will refine their performance of all strokes (front crawl, back crawl, butterfly, breaststroke, sidestroke, and elementary backstroke) and increase their distances. Flip turns for the front crawl and back crawl will also be introduced.

Prerequisite: Pass Level 4; OR Swim 25 yards front and back crawl.

Stroke Clinic (Long Axes)

Stroke Clinic is designed for swimmers who can swim at least 25 yards on their front and back and looking to improve their competitive swimming skills outside of their scheduled swim team practice.

Swimmers will be working on all aspects of the competitive freestyle (front crawl) and backstroke (back crawl) including stroke technique and drills, turns, starts (without blocks), and finishes.

Day: Tuesday

Dates: 6418.210 – June 12 – July 10

Time: 6:20 - 6:50 pm

Fee: R \$25 / NR \$29

Stroke Clinic (Short Axes)

Stroke Clinic is designed for swimmers who have basic knowledge of the breaststroke and butterfly but want to improve their competitive swimming skills outside of their scheduled swim team practice. Swimmers will be working on all aspects of the competitive breaststroke and butterfly including stroke technique and drills, turns, starts (without blocks), and finishes.

Day: Thursday

Dates: 6419.210 – June 14 – July 12

Time: 6:20 - 6:50 pm

Fee: R \$25 / NR \$29

ADULT - AGES 16+

Adult Swim Lessons

It is never too late to learn to swim or improve your skills! This class is for all abilities and offers individualized instruction within a supportive group environment. The instructor works at your level to help you meet your swimming goals. Abilities can range from learning to conquer your fear of the water, developing your strokes or even training you for triathlons.

Day: Monday

Dates: 6431.210 – June 4 – July 2

6431.220 – July 9 – August 6

Time: 7:15 - 8:00 pm

Fee: R \$19 / NR \$25

Masters Swim Team

Masters Swim Team is designed for swimmers who have basic knowledge of the competitive strokes, but want to improve their competitive swimming skills. Swimmers will be working on all aspects of competitive stroke technique and drills, turns, and endurance. Masters Swim is offered Tuesdays, Thursdays and Saturdays. You are welcome to choose to join us once, twice or three times a week. Prices vary depending on number of days you attend.

Day: Tuesday / Thursday / Saturday

June 5 - August 4

Dates: 6418.200 - R \$35 / NR \$45 - 1 x week

6418.211 - R \$75 / NR \$95 - 2 x week

6418.212 - R \$105 / NR \$129 - 3 x week

Time: 12:00 - 1:00 pm (Tuesday & Thursday)

7:00 - 8:00 am (Saturday)

Swimming Lessons (cont.)

MONDAY - THURSDAY AM						
JUNE #1		JUNE 4 - JUNE 14		2 WEEKS		R \$39 / NR \$49
JUNE #2		JUNE 18 - JUNE 28		2 WEEKS		R \$39 / NR \$49
JULY #1		JULY 2 - JULY 12		2 WEEKS		R \$35 / NR \$45
JULY #2		JULY 16 - JULY 26		2 WEEKS		R \$39 / NR \$49
AUGUST		July 30 - AUGUST 9		2 WEEKS		R \$39 / NR \$49
CLASS	TIME	JUNE #1	JUNE #2	JULY #1	JULY #2	AUGUST
PARENT & CHILD 1	8:35 am	6414.210	6414.220	6414.230	6414.240	6414.250
PARENT & CHILD 2	9:10 am	6415.210	6415.220	6415.230	6415.240	6415.250
PRESCHOOL 1	8:00 am	6410.210	6410.220	6410.230	6410.240	6410.250
	8:35 am	6410.211	6410.221	6410.231	6410.241	6410.251
	9:10 am	6410.212	6410.222	6410.232	6410.242	6410.252
	9:45 am	6410.213	6410.223	6410.233	6410.243	6410.253
PRESCHOOL 2	8:00 am	6411.210	6411.220	6411.230	6411.240	6411.250
	8:35 am	6411.211	6411.221	6411.231	6411.241	6411.251
	9:10 am	6411.212	6411.222	6411.232	6411.242	6411.252
	9:45 am	6411.213	6411.223	6411.233	6411.243	6411.253
PRESCHOOL 3	9:10 am	6412.210	6412.220	6412.230	6412.240	6412.250
	9:45 am	6412.211	6412.221	6412.231	6412.241	6412.251
	8:00 am	6401.210	6401.220	6401.230	6401.240	6401.250
LEVEL 1	9:45 am	6401.211	6401.221	6401.231	6401.241	6401.251
	8:00 am	6402.210	6402.220	6402.230	6402.240	6402.250
LEVEL 2	9:10 am	6402.211	6402.221	6402.231	6402.241	6402.251
	9:45 am	6402.212	6402.222	6402.232	6402.242	6402.252
LEVEL 3	8:35 am	6403.210	6403.220	6403.230	6403.240	6403.250
	8:00 am	6404.210	6404.220	6404.230	6404.240	6404.250

TUESDAY & THURSDAY PM				
JUNE #1	JUNE 5 - JUNE 21	3 WEEKS	R \$29 / NR \$35	
JUNE #2	JUNE 26 - JULY 12	3 WEEKS	R \$29 / NR \$35	
JULY	JULY 17 - AUGUST 2	3 WEEKS	R \$29 / NR \$35	
CLASS	TIME	JUNE #1	JUNE #2	JULY
PARENT & CHILD COMBINED	5:00 pm	6416.210	6416.220	6416.230
PRESCHOOL 1	5:00 pm	6410.214	6410.224	6410.234
	6:10 pm	6410.215	6410.225	6410.235
PRESCHOOL 2	5:00 pm	6411.214	6411.224	6411.234
	6:10 pm	6411.215	6411.225	6411.235
PRESCHOOL 3	5:35 pm	6412.212	6412.222	6412.232
	6:10 pm	6412.213	6412.223	6412.233
LEVEL 1	5:35 pm	6401.212	6401.222	6401.232
LEVEL 2	6:10 pm	6402.213	6402.223	6402.233
LEVEL 3	5:00 pm	6403.211	6403.221	6403.231
LEVEL 4	5:35 pm	6404.211	6404.221	6404.231

Mighty Kids' Triathlon Training - Swimming

This program is designed for kids who want to participate in the Mighty Kids' Triathlon and would like to also work on their stroke techniques along with some endurance work.

Day: Friday
Dates: 6420.210 - July 6 - August 3
Time: 10:00 - 10:30 am - 8 & under

Dates: 6420.211 - July 6 - August 3
Time: 10:30 - 11:00 am - 9 & over
Fee: R \$19 / NR \$25

PRIVATE LESSONS

For private lessons please call 303.926.2567.

1/2 Hour Lessons	R	NR
1-2 Private Lessons (per lesson)	\$19	\$25
3-6 Private Lessons (per lesson)	\$18	\$24

*Refer to Registration Dates on page 9

Swimming Lessons (cont.)

SATURDAY AM - 40 minute classes

JUNE	JUNE 2 - JUNE 30	4 WEEKS	R \$25 / NR \$29
JULY	JULY 7 - AUGUST 4	4 WEEKS	R \$25 / NR \$29
CLASS	TIME	JUNE	JULY
PARENT & CHILD 1	9:45 am	6414.211	6414.221
PARENT & CHILD 2	10:30 am	6415.211	6415.221
PRESCHOOL 1	9:00 am	6410.216	6410.226
	9:45 am	6410.218	6410.228
	10:30 am	6410.219	6410.229
PRESCHOOL 2	11:15 am	6410.217	6410.227
	9:00 am	6411.216	6411.226
	10:30 am	6411.217	6411.227
PRESCHOOL 3	11:15 am	6411.218	6411.228
	9:00 am	6412.214	6412.224
	10:30 am	6412.215	6412.225
LEVEL 1	9:45 am	6401.213	6401.223
	11:15 am	6401.214	6401.224
LEVEL 2	9:00 am	6402.214	6402.224
	11:15 am	6402.215	6402.225
LEVEL 3	9:00 am	6403.212	6403.222
	10:30 am	6403.213	6403.223
LEVEL 4	9:45 am	6404.212	6404.222
LEVEL 5	11:15 am	6405.210	6405.220

AQUATIC FITNESS CLASSES

H₂O Aerobics: Join us for a total body workout that will physically challenge you! You will get the same fitness benefits as land aerobics, including excellent cardiovascular conditioning, muscle toning, flexibility and fat burning. The water provides great resistance and a low-impact workout. This class is for everyone! Join us for a change of pace, for cross-training or for general fitness.

Hydro Pump: This is our highest intensity class! Gain strength and endurance like you would on land, but have the extra resistance from working against the river current.

Arthritis Foundation Water Exercise: Nearly 46 million Americans have been diagnosed with a form of arthritis. Come join our Arthritis Foundation water exercise classes which are designed to keep joints moving, reduce joint pain, restore and preserve strength, flexibility, and protect joints against further damage.

Low Impact/Low Intensity & Pre/Post Natal Class: Enjoy a fun relaxing, low impact workout in the water! This class includes cardiovascular conditioning, flexibility, strengthening, and spine stabilization. Pre/Post natal participants need a doctor's release prior to participating in this class.

Hydro Pump/Deep Water Combo: This comprehensive workout will be in two parts. The first half hour you will workout in the lazy river for a not so lazy class. During this portion of the class, instructors use water weights, noodles, and more to provide a challenging and exciting workout. The second half you move to the deep end of the pool and continue working cardiovascular fitness, flexibility, strength, muscle tone, and increase fat burning. Flotation devices (hand buoys, belts, and noodles) provide stability and flotation; however, you should feel comfortable in the deep water.

In an effort to better place your child into their appropriate level, registration dates are as follows:

Summer Swim Lesson Registration Will Open On:

	Resident	Non-Resident
June #1 Sessions		
Monday - Thursday AM	April 21	April 28
Tuesday & Thursday PM	April 21	April 28
Saturday AM	April 21	April 28
June #2 Sessions		
Monday - Thursday AM	May 28	June 4
Tuesday & Thursday PM	May 28	June 4
July #1 Sessions		
Monday - Thursday AM	June 23	June 25
Saturday AM	June 23	June 25
July #2 Sessions		
Monday - Thursday AM	July 7	July 9
Tuesday & Thursday PM	July 7	July 9
August Sessions		
Monday - Thursday AM	July 21	July 23

YOUTH SWIM TEAM (ages 4 - 18)

The Colorado Association of Recreational Athletics (CARA) swim team is designed for the development of swimming skills and sportsmanship, participation, and assuring that each participant experiences some degree of success.

Prerequisite: Must be able to swim the length of the pool front and back crawl.

Day: Monday / Wednesday / Friday
Dates: 6421.200 - June 4 - July 25
Time: 8:00 - 9:00 am
Fee: R \$75 / NR \$95

Day: Tuesday & Thursday
Dates: 6421.201 - June 5 - July 26
Time: 8:00 - 9:00 am
Fee: R \$55 / NR \$65

Day: Monday - Friday
Date: 6421.202 - June 5 - July 26
Time: 8:00 - 9:00 am
Fee: R \$125 / NR \$155



Climbing

Climbing Wall Schedule

June - August 2012 (subject to change)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
Open	Unsupervised Open Climb					Parent/Child* 8-8:45	Unsupervised Open Climb Open - 11		
9:00 am						Parent/Child* 9-9:45		Parent/Child* 9-9:45	Mini Climbers* 10-11
10:00 am						Mini Climbers* 10-11			
11:00 am						Supervised Open Climb 11-12	Supervised Open Climb & Birthday Parties* 11-7	Supervised Open Climb & Birthday Parties* 11-6	
12:00 pm									
1:00 pm									
2:00 pm									
3:00 pm									
4:00 pm	Lil Girls Rock* 4:30-5:30	Supervised Open Climb 4-7	Mini Climbers* 4:30-5:30	Supervised Open Climb 4-8:30					
5:00 pm	Rock Star & Youth Climb* 5:30-6:30		Girlz Rock* 5:30-6:30	Belay Cert. (See program guide for dates)					
6:00 pm	Adult Intro* 7:00-8:30	Climb On! 7-8:30	Adult Level 2* 7:00-8:30	Unsupervised Open Climb 8-9	Center Closed	Center Closed	Center Closed		
7:00 pm									
8:00 pm			Unsupervised Open Climb 8:30-9					Unsupervised Open Climb 8:30-9	

*Climbing classes or Party - depending on class size, wall may not be available for open climbing.

- Pass or daily admission required for all open climb times
- Supervised Open Climb - Wall is open to all users. All uncertified climbers must purchase a belay ride at Guest Service or have a valid annual pass
- Unsupervised Open Climb - Wall is open to ECC Certified climbers only, no staff available to belay

Belay Rides (ages 3+)

Come and enjoy the thrill of the pinnacle! Climbing wall attendants will belay climbers on the climbing wall. Equipment is included. Closed toe shoes are required. Free with annual pass. Please show pass to attendant.

Day: Available during supervised open climb

Fee: R \$2.50 / NR \$3 for 1 day of climbing
R \$10 / NR \$12.50 for a 5 day punch card

Climbing Wall Certification Test (ages 15+)

Climbing Wall Certification Tests are available during supervised open climb. Climbing certification will allow a guest to use the wall during supervised and unsupervised climbing wall hours.

Climb On!

Designated climb times for ECC certified climbers to network with other climbers. Climb On! will have staff available to belay.

Climbing Belay Certification (ages 15+)

This course will teach participants about proper belay techniques and commands. Participants must attend both classes. All participants who attend and pass the class will receive an ECC climbing certification card. This card will allow individuals to climb, belay and/or boulder during open climbing wall hours with a valid pass or daily admission.

Day: Thursday
Dates: 8610.206 - June 21 & June 28
8610.207 - July 19 & July 26
Time: 6:30 - 8:30 pm
Fee: R \$39 / NR \$49

Climbing Belay Refresher (ages 15+)

This clinic will refresh climbers on proper belay techniques. Prior experience with belay technique or ECC climbing certification is required.

Day: Monday
Dates: 8611.206 - June 4
8611.207 - July 9
8611.208 - August 6
Time: 7:00 - 8:00 pm
Fee: R \$5 / NR \$9

Climbing

CLIMBING PROGRAMS

Parent / Child Climb (ages 3-5)

An opportunity for parents to participate with their child in an introductory level rock climbing course. No experience needed. Climbing safety, commands, and techniques will be introduced. Parents will learn how to put on their child's harness, spot their child, as well as cheer on and support their child. Parents that are ECC belay certified climbers will be able to belay for their child. Parent attendance is mandatory for all classes. Closed toe shoes are required for children.

Day: Saturday
Dates: 8661.206 - June 2 - June 30
8661.207 - July 14 - August 11
Time: 8:00 - 8:45 am
Fee: R \$39 / NR \$49

Day: Saturday
Dates: 8660.206 - June 2 - June 30
8660.207 - July 14 - August 11
Time: 9:00 - 9:45 am
Fee: R \$39 / NR \$49

Day: Thursday
Dates: 8662.206 - May 31 - June 28
8660.207 - July 12 - August 9
Time: 9:00 - 9:45 am
Fee: R \$39 / NR \$49

Mini Climbers (ages 6-9)

This is a great class for youngsters of all levels of climbing ability. Participants will learn teamwork, balance, coordination, commands, technique, and much more. Closed toe shoes are required.

Day: Wednesday
Dates: 8630.206 - May 30 - June 27
8630.207 - July 11 - August 8
Time: 4:30 - 5:30 pm
Fee: R \$45 / NR \$55

Day: Thursday
Dates: 8632.206 - June 7 - July 5
8632.207 - July 12 - August 9
Time: 10:00 - 11:00 am
Fee: R \$45 / NR \$55

Day: Saturday
Dates: 8631.206 - June 2 - July 30
8631.207 - July 14 - August 11
Time: 10:00 - 11:00 am
Fee: R \$45 / NR \$55

Lil' Girls Rock (ages 6-9)

Little girls rock too! We introduce the sport of climbing from a girl's point of view. This is a beginner climbing class that will teach basic climbing movements, the figure eight knot, commands and ways to keep climbing safe. All topics are taught in a fun way just for girls! Closed toe shoes are required.

Day: Monday
Dates: 8644.206 - June 4 - July 2
8644.207 - July 9 - August 6
Time: 4:30 - 5:30 pm
Fee: R \$45 / NR \$55

Girls Rock (ages 8-14)

Girls rule in this class! This is a more advanced class than Lil' Girls Rock. The sport of climbing is taught from a female's point of view. Taught by an experienced female teacher, this class focuses on advanced movements, gear selection, as well as, additional climbing techniques - all in a fun and supportive way. Closed toe shoes are required.

Day: Wednesday
Dates: 8645.206 - June 6 - July 4
8644.207 - July 11 - August 8
Time: 5:30 - 6:30 pm
Fee: R \$45 / NR \$55

Adult Intro to Climbing (ages 15+)

Participants will learn and practice basic climbing commands and movement. Participants will also learn how to belay and become ECC belay certified through this course. General climbing equipment and its practical use will also be covered. Closed toe shoes are required.

Day: Monday
Dates: 8680.206 - June 4 - July 2
8680.207 - July 9 - August 6
Time: 7:00 - 8:30 pm
Fee: R \$55 / NR \$69

Adult Climbing Level 2: Transition to Outdoors (ages 15+)

This course will teach participants advanced climbing movements and techniques, and give participants plenty of practice to master the techniques. Other class topics also include: safety considerations, reducing environmental impact when climbing outdoors, as well as gear for outdoor climbing and its use. The purpose of the level 2 class will be to prepare participants to be able to climb outside with an experienced partner, or guide, who would be the lead climber. Participants must be proficient in top rope belay techniques. Closed toe shoes are required and climbing shoes are highly recommended.

Day: Wednesday
Dates: 8681.206 - May 30 - June 27
8681.207 - July 11 - August 8
Time: 7:00 - 8:30 pm
Fee: R \$55 / NR \$69

Youth Climbing Camp (ages 7-11)

Campers will spend the week having fun at the climbing wall. Technical aspects of climbing such as body positioning, foot placement and hand grips will be discussed. In addition, we will have contests, equipment demos and various games to play. Climbers will try to accomplish climbing routes on our wall of varying difficulty. The students will also work on developing their bouldering skills. Closed toe shoes are required.

Day: Monday - Friday
Dates: 8625.206 - June 11 - June 15
8625.207 - July 9 - July 13
Time: 2:00 - 4:00 pm
Fee: R \$89 / NR \$109



Fitness & Wellness

FITNESS CLASS DESCRIPTIONS

GROUP FITNESS

BODYCOMBAT®: An empowering cardio workout where you are totally unleashed. This fiercely energetic program is inspired by martial arts and draws from a wide array of disciplines, such as karate, boxing, Taekwondo, Tai Chi and Muay Thai.

BODYPUMP®: Hailed as the “Fastest Way in the Universe to Get in Shape.” This is a strength and endurance training class where muscles collide! Low on complexity but high in fun, BODYPUMP™ has all of the benefits of traditional weight training combined with time efficiency and predictability.

Arthritis Foundation Exercise Class: This class begins with gentle stretching and range of motion training, followed by balance work, light weight training, and strengthening exercises to increase bone density.

Barre Tone: An intense ballet barre & floor workout that will strengthen, lengthen & sculpt your legs, glutes & core muscles.

Boot Camp (Outdoor): Get into peak physical condition by integrating functional strength training, cardio intervals and core conditioning. A high energy class sure to get your heart pumping and your muscles working.

Cardio Circuit: A combination of step, kickboxing and stretching. The choreography is varied with aerobic moves and all over body strengthening exercises.

Core Strength: Build strength from the inside out with a total body strengthening workout focusing on the power house (core center). This class will help you build a strong foundation while incorporating a variety of full body exercises and functional movement patterns.

Express Core: A 30-minute class covering a variety of exercises aimed at strengthening the abdominal and lower back muscles.

Interval Training: A high energy, high intensity workout that combines cardio drills, strength training, balance, coordination and core into a workout your body will love. Class format varies week to week to keep you on your toes.

Mommy Intervals: Bring baby in his/her stroller and get a great workout with cardiovascular and strength intervals. Modifications will be made to accommodate all fitness levels. Infants ages 6 weeks to 9 months are welcome in a stroller (babies are not required).

Muscle Conditioning: Mix up your strength routine with this total body strength workout utilizing a variety of equipment and exercises to keep you challenged and motivated. Never the same workout twice.

Power Step: A high energy class choreographed for the ultimate step workout. Previous step experience recommended.

Step Interval: This is a fun step class containing energetic intervals for more intensity.

Total Body Conditioning: A total body workout you won't soon forget! Start with 30-minutes on the bike, move to 30-minutes of non-choreographed strength and cardio drills. Top it off with a well deserved cool down and full body stretch.

Zumba®: A fusion of Latin and International dance music themes that create an exciting, unique and fun fitness class! The routines feature aerobic interval training with a combination of fast and slow rhythms.

Zumba Gold®: A series of fitness programs specifically designed to take the exciting Latin and international dance rhythms created in the original Zumba® program and bring them to the active older adult, the beginner participant, and other populations that may need modifications for success.

INDOOR CYCLING

Ride 60: Indoor cycling at its best! We will guide you through a creative and effective workout with coaching techniques to ensure you have a positive riding experience.

MIND BODY

All Levels Yoga: Basic to extensive yoga experience is appropriate for this class in which poses will be taught with suggestions for both minimizing and maximizing the intensity. An exploration of forward and backward bends, twists, balance poses, inversions, relaxation and breath work will be included.

Gentle Yoga: Both beginning and experienced students will benefit from a focus on the fundamentals of form and alignment in basic poses. Participants will work on improving balance, building strength and increasing flexibility. Occasional intermediate poses will be introduced.

Nia®: Promotes strength and muscle definition through a fusion of martial arts, healing arts and dance. Its holistic approach unites the body and mind, and creates an exhilarating workout anyone can follow. All Nia® movements are adaptable and can be personalized for any level of fitness and agility.

Pilates: Is a rhythmic, focused exercise that connects one movement to the next, building greater endurance, flexibility, strength and performance.

Yoga: Yoga views health as a unity of body, mind and spirit and includes a wide variety of yoga postures, breathing exercises, relaxation and meditation techniques. A beginner/intermediate level class.

Yogalates: Blending the best of yoga and Pilates for one terrific workout!

SilverSneakers® FITNESS PROGRAMS

SilverSneakers® Muscular Strength & Range of Movement: Have fun and move to the music through a variety of exercises designed to increase muscular strength, range of movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

SilverSneakers® Cardio Circuit: Combine fun and fitness to increase your cardiovascular and muscular endurance power with a standing circuit workout. Upper body strength work using hand-held weights, elastic tubing with handles, and a ball is alternated with non-impact aerobic choreography. A chair is offered for support, head to toe stretching, and complete relaxation in a comfortable position.

Fitness & Wellness

PERSONAL TRAINING

Let a nationally certified personal trainer help you optimize your workout. Work one-on-one or bring a friend and we'll help you reach your fitness goals. You will learn various exercises that build strength and endurance, enhance body composition and improve overall cardiovascular fitness. Personal training sessions are made by appointment only. Please register in person at Guest Service.

PERSONAL TRAINING FEES (AGES 18+)

	Resident	Non-Resident
1 Session	\$39	\$49
3 Sessions	\$115	\$145
6 Sessions	\$209	\$259
12 Sessions	\$399	\$499

PARTNER TRAINING FEES (AGES 18+)

	Resident	Non-Resident
1 Session	\$49	\$59
3 Sessions	\$135	\$169
6 Sessions	\$245	\$305
12 Sessions	\$469	\$585

All packages are non-transferable and expire one year after date of purchase.

FITNESS EQUIPMENT ORIENTATIONS (AGES 15+)

Fitness equipment orientations are provided at no charge to pass holders and day users. Our fitness staff will provide an orientation and demonstration of the cardiovascular and Nautilus One™ weight machines. Orientations are 30 minutes.

Pass holders may schedule a separate orientation (at no charge) for the FitLinxx™ system – a computerized personal trainer. FitLinxx™ takes the guess work out of exercise by providing the user with access to their unique fitness program information. FitLinxx™ tracks aerobic workouts and provides workout summaries. Users can also access their personal FitLinxx™ information on the internet anytime. FitLinxx™ orientations are 30 minutes.

FitLinxx™ Incentive Program - FREE!

Be rewarded for working out and reaching your fitness goals! By becoming a member of FitLinxx™, the more you exercise the more FitPoints you earn, and the more prizes you can receive! For more information see a Fitness Attendant.

FITNESS ASSESSMENTS (AGES 18+)

Fitness Assessments include body composition measurement, cardiovascular, flexibility, strength tests, and consultation with a personal trainer. Assessments are one hour. Please visit Guest Service to schedule your assessment.

Fee: R \$35 / NR \$45

BODY FAT & LEAN BODY MASS TESTING (AGES 18+)

We offer body fat testing with the bioelectric impedance measurement system. This instrument measures your lean body mass to fat ratio. The test is quick, noninvasive and comprehensive. Please register in person at Guest Service.

Fee: R \$15 / NR \$19

YOUTH FITNESS EQUIPMENT POLICY (AGES 7-14)

To use track only: Ages 7-12 with adult supervision.

To use cardio equipment:

Ages 11-12 must complete an orientation with a Fitness Attendant (parent/guardian must be present and sign waiver); then may use areas with adult supervision.

Ages 13-14 must complete an orientation with a Fitness Attendant (parent/guardian must be present and sign waiver); then may use areas without adult supervision.

To use Nautilus One™ weight machines:

Ages 11-12 must complete a Youth Fitness Equipment Certification (parent/guardian must sign waiver); then may use machines with adult supervision.

Ages 13-14 must complete a Fitness Equipment Certification (parent/guardian must sign waiver); then may use machines without adult supervision.

Youth Fitness Equipment Certification (ages 11-14)

Your child will meet with a personal trainer for two 1-hour sessions on his or her own to learn the fundamentals of weight training on the Nautilus One™ weight machines while focusing on safety and proper lifting technique. By appointment only - contact the Center for details.

Class	Resident	Non-Resident
Private (two 1-hour sessions)	\$49	\$59
Partner (2 children for two 1-hour sessions)	\$25 (per child)	\$29 (per child)



Fitness & Wellness (cont.)

PILATES REFORMER

Pilates Reformer Session (ages 18+)

The Pilates Reformer safely and effectively improves strength, flexibility and balance by developing long, lean muscles. Pilates Reformer training can also restore postural alignment, increase joint range of motion and correct over-training of muscle groups. Sessions are by appointment only. Please register in person at Guest Service.

	Resident	Non-Resident
1 Session	\$39	\$49
3 Sessions	\$105	\$129
6 Sessions	\$185	\$229
12 Sessions	\$299	\$375



ADULT SESSION BASED PROGRAMS

Restorative Yoga (ages 18+)

Life becomes quite stressful when we feel pulled in so many directions. Making quality time for ourselves to relax and restore our sense of inner balance, peace and harmony is essential to our well being. Restorative yoga is specifically designed to bring your body and mind into this harmonious state of balance. The body is supported by yoga props (straps, blocks and blankets) allowing the body to completely let go, relax and release muscle tension and built up toxins. The mind is quieted as we focus our breath. Some gentle movements will allow for deeper relaxation in supported poses. Conditions such as insomnia, chronic pain, migraines and depression are often mitigated by regular restorative practice.

Day: Wednesday
Dates: 7576.121 - June 20 - August 1
Time: 5:30 - 6:45 pm
Fee: R \$65 / NR \$85

Strong Women (ages 15+)

Some benefits of regular strength training for women include: increased bone density, increased lean body mass, decreased risk for heart disease. In this women only class we will learn basic strength training principles, how to safely use the equipment, and how to build a strength training program. The first week will be a classroom session.

Day: Monday
Dates: 7557.206 - July 9 - August 13
Time: 7:00 - 8:00 pm
Fee: R \$59 / NR \$75



YOUTH SESSION BASED PROGRAMS

Mighty Kids' Triathlon Training (ages 7-12)

This clinic will help prepare your child for the Mighty Kids' Triathlon on August 11. The swim, bike, and run portions will be covered as well as how to transition between each event. Children ages 7 and older MUST be able to swim at least one full lap length to participate in the triathlon. Clinic registration includes the Mighty Kids' Triathlon registration fee.

Day: Monday & Wednesday
Dates: 7550.207 - July 31 - August 9
Time: 4:00 - 5:00 pm
Fee: R \$49 / NR \$59

Youth Sports Conditioning (ages 9-16)

This is a pre-season training program designed to help young athletes stay in peak physical shape between seasons. The goal is to develop cardiovascular and respiratory endurance, strength, stamina, speed, power, flexibility, coordination, agility, balance and accuracy. Whether you're a very talented youngster who envisions earning a college scholarship or you would just like to keep active, this is the program for you.

Day: Tuesday & Thursday
Dates: July 5 - August 14
Times: Ages 9-12 - 7576.123 8:30 - 9:15 am
Ages 13-16 - 7576.124 9:15 - 10:00 am
Fee: R \$89 / NR \$109



General Interest

EARLY CHILDHOOD MUSIC AND MOVEMENT



KINDERMUSIK ADVENTURES

“Peekaboo, I Love You” (Newborn - 18 mos)

Bond with your baby, and connect with mommies just like you! In this 5-week class for lap babies, crawlers and new walkers, our developmentally-based activities include singing, listening, instrument play, literature and creative movement. Walkers belong in this class up until the 18-20 month toddler age of running and using 20 words. Learn new ways to say “I love you” using touch, Mother Goose rhymes, lullabies, and basic American Sign Language. At home materials include CD, board book, duck bath mitten, duck squishy ball, and activity poster. Additional \$35 materials fee is due to the instructor on the first day. No class on July 3 or July 4.

Day: Tuesday
Dates: 3216.206 - June 26 - July 31
Time: 10:30 - 11:15 am



Day: Wednesday
Dates: 3215.206 - June 27 - August 1
Time: 9:15 - 10:00 am

Fee: R \$39 / NR \$49

“Zoo Train” Parent / Child

Parent & Child Class (ages 18 mos - 3)

During 5 weeks of parent-toddler “Our Time”, we will sing, listen, explore instruments, enjoy literature and discover movement - together! All aboard our pretend train for a musical adventure to visit the zebras, giraffes, lions, monkeys, polar bears, seals and more! At home materials include CD, book, activity poster and animal-shaped shaker instrument. An additional \$35 materials fee, per family, is due to the instructor by check or cash on the first day. No class July 3.

Day: Tuesday
Dates: 3217.206 - June 26 - July 31
Time: 9:30 - 10:15 am
Fee: R \$39 / NR \$49 - Sibling R \$25 / NR \$35



“Zoo Train” Family

Family Class (Newborn - 7)

A “family-style” one-room-schoolhouse for parents with one child or multi-age siblings. From babies to toddlers to preschoolers to school-aged children, older children show the younger ones how it’s done as we sing, listen, explore instruments, enjoy literature and discover movement. All aboard our pretend train for a musical adventure to visit the zebras, giraffes, lions, monkeys, polar bears, seals and more! At home materials include CD, book, activity poster and 2 animal-shaped shaker instruments. An additional \$40 materials fee, per family, is due to the instructor by check or cash on first day. No class on July 4.

Day: Wednesday
Dates: 3218.206 - June 27 - August 1
Time: 10:15 - 11:00 am
Fee: R \$39 / NR \$49 - Sibling R \$25 / NR \$35



GENERAL

Kids in Stitches - Youth Sewing Class (ages 9-14)

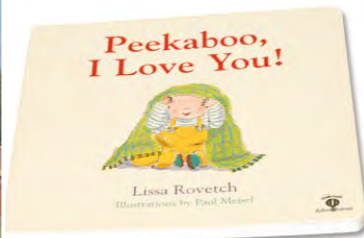
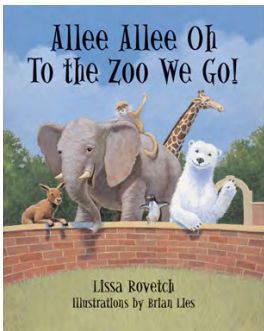
Kids in Stitches teaches kids the lifelong skill of sewing. Participants will complete an initial five week session which will teach the basics in sewing terminology, hand sewing methods and the operation of a sewing machine. Participants will also learn how to sew on a machine and create a stylish bag. During the initial session, participants will practice the basic techniques and skills required for future projects. For those participants who continue on, additional projects will be presented. Projects include: straight skirt, blouse, night shirt, shorts or pants, vest, and hoodie. Each of these additional projects may take 1-2 sessions to complete. Additional options will be made available to boys. A materials list will be provided to all students, depending on the project being attempted, on the first day of class. Approximate fee for materials will be around \$10-\$30. Fee will depend on the fabrics that are selected and the project being completed.

Day: Wednesday
Time: 4:30 - 6:00 pm
Dates: 3236.206 - May 30 - June 27
3236.207 - July 11 - August 8
Fee: R \$45 / NR \$55

Hunter Education (ages 10+)

This course allows the opportunity for individuals to become familiar with the fundamentals of firearm handling and safety. The Colorado Division of Wildlife requires this certification for all hunters who were born after 1949. Attendance is required for every class to complete certification. Class will be held Wednesday through Saturday at the Center. After the morning portion on Saturday, the class will meet at the shooting range at 2:00 pm. Registration will close on July 20.

Day: Wednesday - Saturday
Dates: 3240.207 - July 25 - July 30
Time: 6:00 - 9:00 pm - Wednesday - Friday
8:00 am - 2:00 pm - Saturday
Fee: R \$10 / NR \$10



General Interest (cont.)

KARATE



Uechi Ryu is an Okinawan martial art that consists of both Chinese Kung Fu and Okinawan Karate. Uechi Ryu Kokusai Karate Do teaches students how to fight in close combat, utilizing fast kicks and punches, throwing, and joint locks while using the body's "center" in order to optimize the amount of power. For more information visit www.bennettskarate.com.

Kids' Karate (ages 4-6)

In this class participants concentrate on karate basics through fun drills that exercise the body, and develop coordination and discipline. Participants will learn to count from 1 - 10 in Japanese, as well as, learn basic Japanese phrases used in the dojo. This program has its own ranking system and its purpose is to prepare younger students for the beginner or intermediate classes.

Day:	Saturday
Dates:	3291.206 - June 2 - June 30 3291.207 - July 7 - July 28 3291.208 - August 4 - August 25
Time:	11:30 am - 12:00 pm
Dates:	3292.206 - June 2 - June 30 3292.207 - July 7 - July 28 3292.208 - August 4 - August 25
Time:	12:00 - 12:30 pm
Fee:	R \$35 / NR \$39 - Sibling Fee \$30

Beginner Karate (ages 7+)

This class is for youth students who are new to karate or just graduated from Kids' Karate. Please note: the Beginner Class is combined with the Intermediate Class. Uechi Ryu Kokusai is an Okinawan martial art that consists of both Chinese Kung Fu, Okinawan Karate. Uechi Ryu Kokusai Karate Do teaches students how to fight in close combat, utilizing fast kicks and punches, throwing, and joint locks while using the body's "center" in order to optimize the amount of power. For more information visit www.bennettskarate.com.

Day:	Monday & Thursday
Dates:	3290.206 - June 4 - June 28 3290.207 - July 2 - July 30
Time:	5:30 - 6:15 pm
Fee:	R \$45 / NR \$ 55 - Sibling Fee \$39

Intermediate Karate (ages 7+)

This class is for youth students who are yellow belts (ready to test) and higher or beginner adult students. Uechi Ryu Kokusai is an Okinawan martial art that consists of both Chinese Kung Fu and Okinawan Karate. Uechi Ryu Kokusai Karate Do teaches students how to fight in close combat, utilizing fast kicks and punches, throwing, and joint locks while using the body's "center" in order to optimize the amount of power. For more information visit www.bennettskarate.com.

Day:	Monday & Thursday
Dates:	4290.206 - June 4 - June 28 4290.207 - July 2 - July 30
Time:	5:45 - 6:45 pm
Fee:	R \$45 / NR \$ 55 - Sibling Fee \$39

Advanced Karate (ages 7+)

This class is for those students who are brown belts (ready to test) or higher.

Day:	Monday & Thursday
Dates:	4291.206 - June 4 - June 28 4291.207 - July 2 - July 30
Time:	5:30 - 6:45 pm
Fee:	R \$45 / NR \$55 - Sibling Fee \$39

Aikido (ages 7+)

Aikido classes are held at the Bennetts Karate dojo, located at 515 Briggs Street. Aikido is a Japanese Martial art developed by Morihei Ueshiba in the 1920's and 1930's. It is used to defend and disarm while also protecting the attacker from serious injury. Joint locking techniques and throwing motions are performed in a way as to blend with the attacker and re-direct the force rather than opposing it. Students will also learn various ground locking positions, how to fall properly, as well as, how to take down an opponent. This is a traditional martial art and will require students to learn and understand Japanese terminology. The use of white karate-style uniforms and hakama is required. For more information contact Richard Bennett at 303-947-3908 or bennettskarate@yahoo.com or register through the Center.

Day:	Tuesday & Saturday
Dates:	4292.206 - June 5 - June 29 4292.207 - July 3 - July 31 4292.208 - August 3 - August 28
Time:	5:30 - 6:15 pm (Tuesday) & 1:45 - 2:30 pm (Saturday)
Fee:	R \$45 / NR \$ 55 - Sibling Fee \$39

Youth Karate Camp (ages 4-12)

This camp is intended for beginner children ages 4 to 12 years. During the camp, students will concentrate on karate punching, kicking, and blocking basics. Students will have fun doing drills geared toward coordination and exercise in a structured and disciplined environment.

Day:	Monday - Friday
Dates:	3293.207 - August 6 - August 10
Time:	10:00 am - 12:30 pm
Fee:	R \$119 / NR \$149

AMERICAN RED CROSS TRAINING CLASSES

American Red Cross - Babysitter's Training (ages 11-15)

The American Red Cross Babysitter's Training course provides individuals, ages 11-15, with the information and skills necessary to provide safe and responsible care for children; in the absence of parents or guardians. Please bring a pen/pencil and a sack lunch.

Day:	Saturday
Dates:	3250.206 - June 23 3250.207 - July 14
Time:	9:00 am - 4:00 pm
Fee:	R \$75 / NR \$95

American Red Cross - First Aid and CPR/AED Course (ages 12+)

This American Red Cross course covers Adult, Child, and Infant CPR and Adult and child AED. Standard first aid is also covered. Upon completion of the class, participants will receive an American Red Cross certificate good for two years. Please bring a pen/pencil and a sack lunch.

Day:	Saturday
Dates:	4250.206 - June 2 4250.207 - August 4
Time:	9:00 am - 4:00 pm
Fee:	R \$75 / NR \$95

General Interest (cont.)

YOUTH DANCE CAMPS

LA BELLA BALLERINA DANCE ACADEMY

Pee Wee Dance Camp (ages 3-5)

Pee Wee Dance camp will introduce the dancer to the basics of Ballet, Tap and Jazz. Each dancer will learn a dance sequence for each style and will perform a routine on the last day of camp. Dancers should wear: ballet shoes, tap shoes, dance clothes, tights, leotards, dance pants (no baggy t-shirts or pants), hair must be pulled up into a ponytail or bun, no long bangs hanging into their face. Each dancer will receive a camp t-shirt and a coloring book. Peanut-free snacks will be provided.

Day: Wednesday / Thursday / Friday
Dates: 3282.206 - June 6 - June 8
3282.207 - July 18 - July 20
Time: 10:00 am - 12:00 pm
Fee: R \$75 / NR \$95

Beginner / Intermediate Dance Camp (ages 5-8)

Beginner / Intermediate Dance Camp will enhance what each dancer already knows and continue to add to their skill level. Dancers will learn combinations and dances in ballet, tap, jazz/hip hop. A routine will be performed on the last day of camp. Dancers should wear: ballet shoes, tap shoes, jazz shoes (if they have them) dance clothes, tights, leotards, dance pants (no baggy t-shirts or pants), hair must be pulled up into a ponytail or bun, no long bangs hanging into their face. Each dancer will receive a camp t-shirt and a coloring book. Peanut free snacks will be provided.

Day: Wednesday / Thursday / Friday
Dates: 3283.206 - June 6 - June 8
3283.207 - July 18 - July 20
Time: 1:00 - 3:00 pm
Fee: R \$75 / NR \$95

Intermediate / Advanced Dance Camp (ages 6-10)

Intermediate / Advanced Dance Camp will challenge each dancer as they learn combinations and dances in ballet, tap, jazz and hip hop. A routine will be performed on the last day of camp. Dancers will also learn jumps, turns and leaps. This camp is for dancers with at least 3 years of dance experience. Dancers should wear: ballet shoes, tap shoes, jazz shoes (if they have them) dance clothes, tights, leotards, dance pants (no baggy t-shirts or pants), hair must be pulled up into a ponytail or bun, no long bangs hanging into their face. Each dancer will receive a camp t-shirt, and a CD of music for all dances, plus choreography.

Day: Wednesday / Thursday / Friday
Dates: 3284.206 - June 13 - June 15
3284.207 - July 25 - July 27
Time: 1:00 - 3:30 pm
Fee: R \$89 / NR \$109



Ballroom Dance Camp for Kids (ages 7-13)

Each group will learn the basic steps for the Waltz, Foxtrot, Swing, Jive, Cha Cha, Quick Step, Paso Doble, and Samba. Dancers will learn a complete routine for three of the ballroom dances and perform them on the last day of camp. Partners are encouraged but not required. Discounts are offered if you sign up with a partner. Dancers should wear: stretchy pants/sweats and shirts, dress shoes (no jeans). Each dancer will receive a camp t-shirt and a CD for their dances learned, along with the choreography.

Day: Wednesday / Thursday / Friday
Dates: 3287.206 - June 13 - June 15
Time: 9:30 am - 12:00 pm

Day: Wednesday / Thursday / Friday
Dates: 3287.207 - July 25 - July 27
Time: 9:30 am - 12:00 pm

Fee: R \$89 / NR \$109
Partner Fee: R \$135 / NR \$169

Jump N' Jive Show Choir Camp (ages 7-13)

Like to sing and dance? Interested in competing in talent shows? Want to improve your singing abilities and stage presence? This class will teach boys and girls how to become better on stage performers. Let your child develop their self-confidence through this fun camp.

Day: Monday - Friday
Dates: 3268.205 - May 29 - June 1
3268.206 - June 25 - June 29
3268.207 - July 30 - August 3
Time: 2:30 - 4:30 pm
Fee: R \$99 / NR \$125 - May Session
R \$125 / NR \$155 - June & July Sessions

ADULT DANCE

Casablanca Dance - Wedding Dances (ages 18+)

This class will get you ready for the summer wedding season. Learn the basic steps to the waltz and the foxtrot, two of the most common dances at weddings. This is also a great refresher class if you are a little out of practice. Don't be left out of the fun this summer when the dance floor fills! Participants will not switch partners in this class and therefore, participants are encouraged to sign up as a couple.

Day: Thursday
Dates: 4272.206 - June 14 - July 12
Time: 7:00 - 8:00 pm
Fee: R \$75 / NR \$95

Casablanca Dance - Swing Dances (ages 18+)

Try this popular dance that is fun and easy to learn. This class will cover single time Swing steps, along with common turns. Couples need to register together to receive the couples rate.

Day: Thursday
Dates: 4274.206 - June 14 - July 12
Time: 8:00 - 9:00 pm
Fee: R \$75 / NR \$95

General Interest (cont.)

GYMNASTICS



All classes meet in the south gym. An annual \$10 registration fee will be collected by the instructor on the first day of class. Please bring cash or check only. This is a parent drop-off program. Parent visitation day is the last day of the program.

Superbus Gymnastics Gym Tots (ages 2½ - 3)

The Gym Tots class focuses on a combination of basic motor movements, body positions, coordination, balance, and the introduction of beginner gymnastics skills. The class will help start your child's foundation for all athletic development and help them develop listening skills, along with comfort in a social setting and following instructions. Children develop their skills through work on balance beams, bars, rings, trampolines and tumbling mats. All skills and equipment are scaled down to accommodate each child's size and level of ability. Classes will be held on the Super Bus and inside the Center's gymnasium. This is a parent drop off program. Parent visitation day is the last day of the program.

Day: Wednesday
Dates: 3271.206 - June 6 - July 25

Day: Thursday
Dates: 3274.206 - June 7 - July 26

Day: Friday
Dates: 3277.206 - June 8 - July 27

Time: 9:15 - 10:00 am
Fee: R \$65 / NR \$79

Superbus Gymnastics Tiny Tumblers (ages 3-5)

The Tiny Tumblers class is the next step up for those who have out grown the Gym Tots level. This class focuses on basic motor movements, body positions, coordination, balance, and gymnastics skills but teaches at a slightly higher level. This class is good for children with some gymnastics experience or at least developed motor skills. Children develop their skills through work on balance beams, bars, rings, trampolines and tumbling mats. All skills and equipment are scaled down to accommodate each child's size and level of ability. Classes will be held on the Super Bus and inside the Center's gymnasium. This is a parent drop off program. Parent visitation day is the last day of the session.

Day: Wednesday
Dates: 3272.206 - June 6 - July 25

Day: Thursday
Dates: 3275.206 - June 7 - July 26

Day: Friday
Dates: 3278.206 - June 8 - July 27

Time: 10:15 - 11:00 am
Fee: R \$65 / NR \$79

Superbus Gymnastics Beginner Gymnastics (ages 6-10)

Gymnasts at this level will continue to build their skills in all areas of the sport. This is a supportive, non-competitive program. The goal of this program is to have fun with your gymnastics friends while improving trampoline skills, coordination, strength, flexibility, and spatial awareness. Skills will be developed through use of equipment in the Super Bus and in the Center's gymnasium. Activities will be emphasized in a fun learning environment. While these classes are a great continuation of our preschool program, no prior experience is necessary to enroll. This is a parent drop off program. Parent visitation day is the last day of the session.

Day: Wednesday
Dates: 3273.206 - June 6 - July 25

Day: Thursday
Dates: 3276.206 - June 7 - July 26

Day: Friday
Dates: 3280.206 - June 8 - July 27

Time: 11:15 am - 12:00 pm
Fee: R \$65 / NR \$79



Summer Camps

ARTS AND CRAFTS

Harmony's A.C.T. - Wild West Camp (ages 3-7)

Calling all cowgirls and cowboys to join us on a wild west round up. Make peg horses and be a sheriff for the day. In this camp, we will be working with all types of art materials and mediums. We will make three art projects each day, participate in a wild west skit, make costumes and learn about the wild west. A \$3 fee will be collected on the first day of class to help provide peanut-free snacks for the week.

Day: Monday - Friday
Dates: 73308.207 - July 30 - August 3
Time: 9:30 am - 12:30 pm
Fee: R \$155 / NR \$195



Harmony's A.C.T. - Summer Olympics Art (ages 5-9)

The Summer Olympics will be going on and we will explore a different country each day, make an art project from that country and then hold Olympic game competitions at the end of each day. Come join us as we create art, learn about the countries we are competing with, play and get some exercise. A \$3 fee will be collected on the first day of class to help provide peanut-free snacks for the week.

Day: Monday - Friday
Dates: 3302.208 - August 6 - August 10
Time: 2:30 - 5:00 pm
Fee: R \$155 / NR \$195



Harmony's A.C.T. - Star Wars Camp (ages 5-9)

In this art camp you will learn the Jedi way and how to use your powers, along with the Force to bring peace to the galaxy - but watch out, some will turn and go to the dark side! Build your own spaceship, lightsaber, mask and robot friends. Participants will be working with a large range of materials and mediums. Come play, dress up, and create three art projects to take home. A \$3 fee will be collected on the first day of class to help provide peanut-free snacks for the week.

Day: Monday - Friday
Dates: 3307.207 - July 9 - July 13
Time: 2:30 - 5:00 pm
Fee: R \$139 / NR \$175

Harmony's A.C.T. - Wild Explorer Camp (ages 2 1/2 - 5)

It's time to grab your safari hat, binoculars, and jump on board as we take a jeep ride through the wild! Each day we will look at different types of animals that roam, crawl, swim and fly throughout the African safari. We will work with a large range of art mediums and materials. A \$3 fee will be collected on the first day of class to help provide peanut-free snacks for the week.

Day: Monday - Thursday
Dates: 3303.206 - June 18 - June 21
Time: 9:30 am - 12:00 pm
Fee: R \$139 / NR \$175



Harmony's A.C.T. - The Art of Lego Aliens vs. Monsters (ages 4-9)

This is not like any other LEGO camp! In this great art camp kids will make and take home a LEGO creation each day! We will be using LEGO's in all our art projects: block printing, LEGO frames, clay LEGO men, LEGO's with paint, plaster, wood and more! Each day will have contraption challenges and team building activities. Come play, create, learn, and have fun building with LEGO's. A \$3 fee will be collected on the first day of class to help provide peanut-free snacks for the week.

Day: Monday - Friday
Dates: 3301.206 - June 4 - June 8
Time: 9:30 am - 12:30 pm
Fee: R \$155 / NR \$195



Harmony's A.C.T. - Castle Quest Camp (ages 3-7)

Come experience life in the middle ages. Calling all kings, queens, knights and princesses! Come create three great art projects each day. We will be using a large range of art materials. We will learn about castle life and everyone's role in the kingdom. Go on a quest for the lost dragon and the last unicorn. This is an adventure you don't want to miss! Play, make art, dress up, and learn about life in the middle ages. A \$3 fee will be collected on the first day of class to help provide peanut-free snacks for the week.

Day: Monday - Friday
Dates: 3306.206 - June 11 - June 15
Time: 9:30 am - 12:30 pm
Fee: R \$155 / NR \$195



Harmony's A.C.T. - Super Hero Camp (ages 3-7)

Calling all Super Heroes! Come and create three art projects to take home each day. We will be looking at Batman, Spiderman, Iron Man, and Star Wars Yoda. On the last day of camp, participants will create their own super hero powers and make a costume to complete their look. Come play, create great art while working with a large range of materials. A \$3 fee will be collected on the first day of class to help provide peanut-free snacks for the week.

Day: Monday - Friday
Dates: 3304.207 - June 25 - June 29
Time: 9:30 am - 12:30 pm
Fee: R \$155 / NR \$195



Harmony's A.C.T. - Dad & Tot Art (ages 1-4)

Just in time for Father's Day. This is a great class to get in some bonding time with your child as you explore your creative sides together. There will be four stations set up that you can wonder through at your own pace. Stations include: art, music, small motor and a food/snack station.

Day: Saturday
Dates: June 9
Time: 3300.206 - 9:00 - 10:00 am - ages 1-2
3302.206 - 10:15 - 11:15 am - ages 2-4
Fee: R \$15 / NR \$19



Harmony's A.C.T. - Mom & Tot Art (ages 1-4)

Just in time for Mother's Day. This is a great class to get in some bonding time with your child as you explore your creative sides together. There will be four stations set up that you can wonder through at your own pace. Stations include: art, music, small motor and a food/snack station.

Day: Saturday
Dates: May 12
Time: 3301.205 - 9:00 - 10:00 am - ages 1-2
3302.205 - 10:15 - 11:15 am - ages 2-4
Fee: R \$15 / NR \$19



Summer Camps (cont.)

new



NEW! Now accepting children 5- 12 years old!
Camp Erie will now be operating at two sites!

We are happy to announce that we will be offering Camp Erie at Aspen Ridge Preparatory School for children ages 5 - 7. Camp Erie will be held at the Erie Community Center for children ages 8 - 12.

If you are looking for fun activities for your children this summer - send them to Camp Erie! Camp begins on May 29 and runs through August 10 (no camp on July 4). Weekly activities include: arts and crafts, sports, field trips, swimming, climbing, games and a whole lot more! Camp will start at 9:00 am and end at 5:00 pm. Before and after care is available during camp for an additional fee. Before care starts at 8:00 am and after care ends at 6:00 pm. Log onto www.erieco.gov/camperie for general information, participant forms, field trip selections and more!

Enrollment Options: Monday - Friday: R \$159 / NR \$195

Monday / Wednesday / Friday: R \$115 / NR \$145

Tuesday & Thursday: R \$79 / NR \$99

Single Days - Monday, Tuesday, Wednesday, or Friday: R \$45 / NR \$55

Single Days - Thursday: R \$55 / NR \$69



Summer Camps (cont.)

MINI MINER’S CAMPS (ages 4-7)

Designed for those who want to involve their kids in activity throughout the summer without having to commit to a whole week of summer camp. Each day is a different theme. Participants will play games and do crafts centered on the day’s theme. A drink and light snack will be provided each day. Your child is welcome to bring an additional snack if desired. Register for the days that interest you!

Mini Miner’s Camp will be held at the Garfield Shelter at the Erie Community Park.
In case of rain meet at the Erie Community Center gymnasium.

CLASS	DAY	TIME	DATE	FEE
Diggin’ Dinosaurs	Monday	9:00 - 11:30 am	3800.206 - June 18	R \$25 / NR \$29
Story Time	Tuesday	9:00 - 11:30 am	3801.206 - June 19	R \$25 / NR \$29
Make Some Noise	Wednesday	9:00 - 11:30 am	3802.206 - June 20	R \$25 / NR \$29
Pirates & Princesses	Monday	9:00 - 11:30 am	3803.206 - June 25	R \$25 / NR \$29
Fitness Fun	Tuesday	9:00 - 11:30 am	3804.206 - June 26	R \$25 / NR \$29
Gardening Green Thumb	Wednesday	9:00 - 11:30 am	3805.206 - June 27	R \$25 / NR \$29
Climbing Adventure	Monday	9:00 - 11:30 am	3800.207 - July 2	R \$25 / NR \$29
Party in the USA	Tuesday	9:00 - 11:30 am	3801.207 - July 3	R \$25 / NR \$29
Wet N’ Wild	Monday	9:00 - 11:30 am	3802.207 - July 9	R \$25 / NR \$29
Five Senses	Tuesday	9:00 - 11:30 am	3803.207 - July 10	R \$25 / NR \$29
Out of the Box	Wednesday	9:00 - 11:30 am	3804.207 - July 11	R \$25 / NR \$29
Tie-Dye	Monday	9:00 - 11:30 am	3805.207 - July 16	R \$25 / NR \$29
Animals in the Wild	Tuesday	9:00 - 11:30 am	3806.207 - July 17	R \$25 / NR \$29
Ooey Goopy	Wednesday	9:00 - 11:30 am	3807.207 - July 18	R \$25 / NR \$29
Cooking Creations	Monday	9:00 - 11:30 am	3800.208 - July 23	R \$25 / NR \$29
Kid Olympics	Tuesday	9:00 - 11:30 am	3809.207 - July 24	R \$25 / NR \$29
Island Fever	Wednesday	9:00 - 11:30 am	3810.207 - July 25	R \$25 / NR \$29



Special Events



JUNE 9
Coal Creek Park
9:00 am - 12:00 pm

Come join us for the 6th Annual Bark in the Park! The day will begin with the pet parade down Briggs Street in downtown Erie! The event will continue at Coal Creek Park with competitions, contests, booths, and more! This is a day for pets and the people who love them! Register at the Center or online after May 4!

MOVIE IN THE PARK

JUNE 2 & JULY 14
Erie Community Park
7:30 - 10:00 pm

You loved the movies last year – and we heard you! Grab your blanket, friends and family, and head out to Erie Community Park this summer – two movies to choose from! Movie will begin at dusk. Free admission! Movie surveys will be done several weeks prior to each event – check the website to vote for your movie choices in 2012! Concessions will be sold!



Special Events

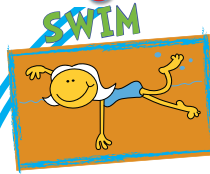
FIRECRACKER 4K/4 MILE ERIE, COLORADO

JULY 1
Erie Community Park
8:00 am

The 5th Annual Firecracker 4K/4 mile race will kick off your Independence Day celebration at the Erie Community Park. Kids races to follow. Participants will receive a race day t-shirt and post event refreshments. Register at the Center or online after May 25.



Mighty Kids' Triathlon



AUGUST 11
Erie Community Center & Park
8:00 - 11:00 am

The ever popular Mighty Kids' Triathlon is back for its 5th year! You don't want your kids to miss this! Jump in the pool, hop on the bike, and lace up the running shoes for this awesome event for kids ages 5-12. Event starts at the Erie Community Center and will finish at the Erie Community Park.

This event sells out every year so register early!
Register at the Center or
online after May 25.

CONCERT IN THE PARK

JUNE 23 & JULY 28
Erie Community Park
5:00 - 9:00 pm

In its 8th year, the Concerts in the Park are going to be the most exciting ever! A DJ will warm up the crowd starting at 5:00 pm with the main acts taking the stage by 7:00 pm. Come early to get a great seat! Free admission! Concessions will be sold!



FOR MORE INFORMATION ON SPECIAL EVENTS, SPONSORSHIP OR ADVERTISING, PLEASE CALL 303.926.2551.
FOR VOLUNTEER OPPORTUNITIES PLEASE CALL 303.926.2793, OR EMAIL VOLUNTEER@ERIECO.GOV.

Youth Sports

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

VOLLEYBALL

Coed Volleyball (Grades 3rd - 6th)

This is a recreational sports program that allows girls and boys the opportunity to compete on teams in an organized setting. The Northern Valley Athletic Association (NVAA) consists of other agencies in the area and traveling is required. Teams practice in Erie once or twice per week (coach discretion) and play games Saturday mornings and/or afternoons at both home and away locations (times/locations TBD). Fee includes a game jersey. All players must provide their own knee pads (required). Information packet available May 28. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 12.

Day: Monday - Saturday
Date: August 27 - November 3
Age: 3rd - 4th Grade - 1150.208
5th - 6th Grade - 1151.208
Fee: R \$49 / NR \$59

Coed Volleyball - Longmont League (Grades 7th - 8th)

This is a recreational sports program that allows girls and boys the opportunity to compete on teams in an organized setting. Teams play in the Longmont Recreation League and traveling is required. Teams practice in Erie once or twice per week (coach discretion) and play games Saturday mornings and/or afternoons at both home and away locations (times/locations TBD). Fee includes a game jersey. All players must provide their own knee pads (required). Information packet available May 28. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 12.

Day: Monday - Saturday
Date: August 27 - November 3
Age: 7th - 8th Grade - 1152.208
Fee: R \$49 / NR \$59

SOCCER

Coed Instructional Soccer (ages 4-5)

Instructional Soccer is a great program to teach children basic fundamentals such as dribbling, passing, shooting, and defense. Classes are held once per week for five weeks. Official games will not be played and travel is not required. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Tuesday
Date: 1182.209 - August 28 - September 25

Day: Wednesday
Date: 1181.209 - August 29 - September 26

Day: Thursday
Date: 1183.209 - August 30 - September 27

Time: 5:10 - 5:55 pm
Fee: R \$25 / NR \$29

Coed 1st & 2nd Grade Soccer (ages 6-8)

1st & 2nd Grade Soccer is a great progression to league play where children can put their dribbling, passing, shooting, and defensive skills to use in games against other Erie teams. Teams practice once or twice per week and play games on Saturday mornings and/or afternoons. Fee includes a t-shirt, shorts and socks. All players must provide their own shin guards (required). Molded soccer cleats (toeless front cleat) are recommended, but not required. Information packet available May 28. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 19.

Day: Monday - Saturday
Date: 1178.308 - September 4 - November 3
Fee: R \$39 / NR \$49



Youth Sports

TENNIS



Tiny Tots Tennis (ages 4-6)

A fun introduction to tennis for tiny tots! We cover forehand, backhand, all volleys and net shots. This class is high energy with various drills and plenty of fun games. Classes held at the Erie Community Park tennis courts each Tuesday & Thursday for three weeks. Please bring a racquet and water to class. Registration deadline is on session start day.

Day: Tuesday & Thursday
Date: Session I - 1140.221 - May 29 - June 14
Session II - 1142.222 - June 19 - July 5
Session III - 1143.223 - July 10 - July 26
Time: 8:00 - 8:30 am
Fee: R \$69 / NR \$85

Day: Tuesday & Thursday
Date: Session I - 1140.206 - May 29 - June 14
Session II - 1142.207 - June 19 - July 5
Session III - 1143.207 - July 10 - July 26
Session IV - 1144.207 - August 7 - August 23
Session V - 1145.207 - September 4 - September 20
Time: 3:15 - 3:45 pm
Fee: R \$69 / NR \$85

Beginner Tennis (ages 7-16)

A great introduction to tennis for beginners. We teach all strokes from forehand to backhand, volleys and overheads, along with serves and footwork with a heavy emphasis on correct form. This class is fast paced with plenty of drills and games to keep all kids interested. Fun instructors with a passion for the sport and teaching children. Classes held at the Erie Community Park tennis courts each Tuesday & Thursday for three weeks. Please bring a racquet and water to class. Registration deadline is on session start day.

Day: Tuesday & Thursday (ages 7-11)
Date: Session I - 1141.221 - May 29 - June 14
Session II - 1141.222 - June 19 - July 5
Session III - 1144.223 - July 10 - July 26
Time: 8:35 - 9:25 am
Fee: R \$69 / NR \$85

Day: Tuesday & Thursday (ages 7-11)
Date: Session I - 1141.206 - May 29 - June 14
Session II - 1141.209 - June 19 - July 5
Session III - 1144.208 - July 10 - July 26
Session IV - 1146.207 - August 7 - August 23
Session V - 1149.207 - September 4 - September 20
Time: 3:50 - 4:40 pm
Fee: R \$69 / NR \$85

Day: Tuesday & Thursday (ages 12-16)
Date: Session I - 1149.206 - May 29 - June 14
Session II - 1142.209 - June 19 - July 5
Session III - 1141.208 - July 10 - July 26
Session IV - 1145.208 - August 7 - August 23
Session V - 1148.207 - September 4 - September 20
Time: 4:45 - 5:35 pm
Fee: R \$69 / NR \$85



Advanced Tennis (ages 7-15)

A great continuation and advanced class for students. We review all strokes with heavy emphasis on correct form. This class is fast paced with plenty of drills and games to keep all kids interested. Classes held at the Erie Community Park tennis courts each Tuesday & Thursday for three weeks. Please bring a racquet and water to class. Registration deadline is one week prior to class.

Day: Tuesday & Thursday
Date: Session I - 1148.206 - May 29 - June 14
Session II - 1143.209 - June 19 - July 5
Session III - 1142.208 - July 10 - July 26
Session IV - 1146.208 - August 7 - August 23
Session V - 1147.207 - September 4 - September 20
Time: 5:40 - 6:30 pm
Fee: R \$69 / NR \$85

CARA Tennis Team (ages 8-18)

The Colorado Association of Recreational Athletics (CARA) tennis program will help you develop your skills and learn to play matches in a non-competitive environment. Matches are played against teams from other districts in the Denver Metro area on Friday mornings. CARA is appropriate for beginner to intermediate participants. The state tournament is the last week of July and is for all participants. On the first day of practice, please bring one can of new tennis balls, a tennis racquet, water, and a great attitude to all practices! All participants will receive a team t-shirt. Match times are Fridays between 8:00 am - 1:00 pm. Registration deadline is one week prior to first practice.

Day: Monday - Friday
Date: June 4 - July 27
Age: 8-12 years - 1149.209
13-18 years - 1149.210
Time: 8-12 years - Tuesday & Thursday - 5:00 - 6:15 pm
13-18 years - Tuesday & Thursday - 6:20 - 7:35 pm
Fee: R \$139 / NR \$149

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

Youth Sports (cont.)

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

LACROSSE

Lacrosse Camp (ages 8-17)

Learn to play the fastest growing sport in America! These camps are great for beginners who want to learn lacrosse as well as experienced players who want to perfect their skills. This is a non-contact camp focusing on introductory skills. Instructors will teach an exciting week of skills, drills, games, along with plenty of fun and excitement. No previous experience necessary. Camps are held at the Erie Community Park - Mitchell Field and all equipment is provided. Please bring water to drink and a great attitude! Registration deadline is one week prior to each camp.

Day: Monday - Thursday
Date: Session I - 1149.211 - June 18 - June 21
Session II - 1149.212 - June 25 - June 28
Time: 9:00 am - 12:00 pm
Fee: R \$89 / NR \$105



FLAG FOOTBALL

Instructional Flag Football (ages 4-5)

Instructional Flag Football is a great program to teach children basic fundamentals such as passing, running, catching, defense, and sportsmanship. Classes are held once per week for five weeks. Official games will not be played and travel is not required. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Tuesday
Date: 1130.208 - August 28 - September 25

Day: Wednesday
Date: 1131.209 - August 29 - September 26

Day: Thursday
Date: 1132.209 - August 30 - September 27

Time: 6:00 - 6:45 pm
Fee: R \$25 / NR \$29

NFL Flag Football (ages 5-12)

Join the Erie NFL Flag Football League - a premier youth flag football league for both boys and girls! This program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning fundamental football skills, sportsmanship and teamwork. Teams play in the NFL Flag Football League and traveling may be required for ages 7-12. Teams practice once or twice per week in Erie and play games on Saturday mornings and/or Friday nights. Fee includes a NFL reversible jersey. Information packet available May 28. All teams coached by parent volunteers; if interested, please contact volunteer@erieco.gov. Registration deadline is August 12.

Day: Monday - Saturday
Date: August 27 - October 27
Ages: 5 & 6 years - 1170.208
7 & 8 years - 1171.208
9 & 10 years - 1172.208
11 & 12 years - 1173.208
Fee: R \$65 / NR \$79



GOLF

Junior Golf (ages 5-17)

This program strives to provide each student with a basic understanding of the golf game. Our program is designed to promote individual achievement as well as the most important aspect of learning golf - having fun! Fundamentals covered include grip, set-up, pivot, the backswing, the follow through, putting, chipping, pitching, and bunkers. Instructional classes are taught and supervised by experienced PGA golf professionals and Colorado National Golf Club staff. All classes meet at Colorado National Golf Club (2700 Vista Parkway) for five weeks. Golf clubs are provided if needed. Registration deadline is one week prior to class.

Day: Tuesday (ages 5-7)
Date: 1135.206 - May 29 - June 26
1135.207 - July 10 - August 7

Day: Wednesday (ages 8-10)
Date: 1136.206 - May 30 - June 27
1136.207 - July 11 - August 8

Day: Thursday (ages 11-17)
Date: 1137.206 - May 31 - June 28
1137.207 - July 12 - August 9

Time: 9:15 - 10:15 am
Fee: R \$35 / NR \$49



Youth Sports (cont.)

RACQUETBALL

Racquetball Camp (ages 7-15)

Let's play racquetball! This fun, intense camp will cover all aspects of the game of racquetball. Some of the items included are rules, technique, positioning, drills, game play, core strengthening, foot work, and video analysis. Please bring a racquet with a wrist strap, goggles, and sneakers. Racquetballs provided. Camps are taught and supervised by experienced "A Way of Life Fitness" racquetball staff with a passion for the sport and teaching children. For more information, please contact Jerry Siravo at 303.335.4925 or awayoflifefitness@comcast.net. Registration deadline is one week prior to camp start date.

Day: Monday / Wednesday / Friday (ages 7-10)
Date: 1161.206 - June 18 - June 22
1163.207 - July 16 - July 20
1165.208 - August 13 - August 17
Time: 2:00 - 3:55 pm
Fee: R \$95 / NR \$119

Day: Monday / Wednesday / Friday (ages 11-15)
Date: 1160.206 - June 18 - June 22
1162.207 - July 16 - July 20
1164.208 - August 13 - August 17
Time: 12:00 - 1:55 pm
Fee: R \$95 / NR \$119

Private Racquetball Lessons (ages 7-17)

Are you ready to bring your game to the next level? AmPro certified instructors are now available at the Center. For more information, please contact Jerry Siravo at 303.335.4925 or awayoflifefitness@comcast.net.



PRESCHOOL SPORTS

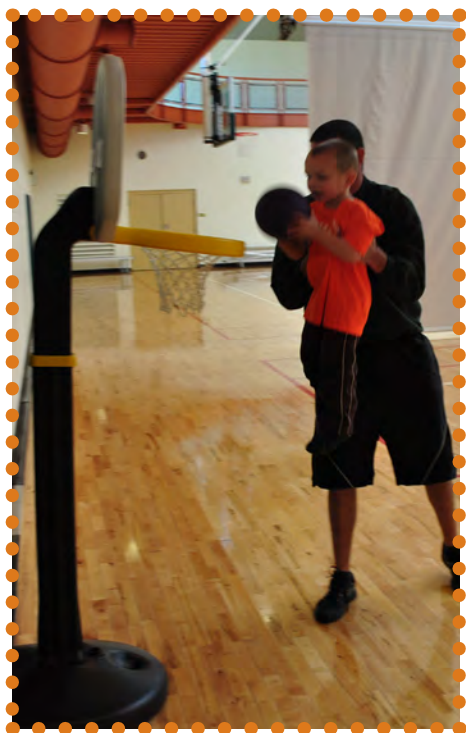
PE Mix (ages 3-5)

PE Mix is a wonderful opportunity to introduce children to basic sports such as basketball, soccer, tee ball, and individual sports with a strong emphasis on FUN! Classes are held once per week for five weeks at the Center. Fee includes a t-shirt and all equipment is provided. We welcome parent helpers! Please let one of the staff know you wish to help. Registration deadline is one week prior to the first class.

Day: Tuesday - May 29 - June 26
Date: Session I - 1130.206 - 9:00 - 9:45 am
Session II - 1131.206 - 10:00 - 10:45 am

Day: Wednesday - May 30 - June 27
Date: Session III - 1132.206 - 9:00 - 9:45 am
Session IV - 1133.206 - 10:00 - 10:45 am

Fee: R \$25 / NR \$29



YOUTH SPORTS OFFICIALS NEEDED!

Are you dependable, hard working, a fast learner, 16 years old +, and interested in making some extra money?

If interested, please call 303.926.2550.

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

Youth Sports (cont.)

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

Volunteer Coaches Needed! If interested, please contact volunteer@erieco.gov.

YOUTH SPORTS SPECIAL EVENTS

HERSHEY'S TRACK & FIELD GAMES (AGES 9-14)

If you like to run, jump and throw, these games are for you! The Hershey's Track & Field Games will be held on Friday, June 8 at Skyline High School in Longmont, CO. Participants have the opportunity to advance to the state and even the national meet in Hershey, PA. Events include a variety of running distances, a softball throw, and long jump with separate divisions based on age and gender. To register for the meet, please visit www.hersheytrackandfield.com, deadline is June 6.

Day: Friday
Date: June 8
Time: 10:00 am
Fee: FREE



ROCKIES SKILLS CHALLENGE (AGES 6-13)

Come show off your base-running, batting, and throwing skills at the Rockies Skills Challenge. This local competition will be held at Coal Creek Park on Tuesday, June 19 and participants will have the opportunity to advance to a sectional and state competition. There are separate divisions based on age and gender. Participants may only register and participate in one local competition. Registration deadline is June 17.

Day: Tuesday
Date: 1165.206 - June 19
Time: 5:30 - 8:00 pm
Fee: FREE



NFL PUNT, PASS & KICK (AGES 6-15)

Join in the fun with the NFL Punt, Pass & Kick (PPK) competition where girls and boys in five separate age divisions compete against each other in punting, passing, and place kicking events. In addition to determining who can throw and kick the farthest, NFL PPK encourages kids to get active and have fun by playing football. This local competition will be held at Erie Community Park - Mitchell Field on Saturday, September 22. Participants may only participate in one local competition. Registration deadline is September 20.

Day: Saturday
Date: 1174.209 - September 22
Time: 3:00 - 5:00pm
Fee: FREE



Adult Sports

Please visit www.erieparksandrec.com for league information, free agent lists/info, schedules, maps, surveys, and much more!

SOFTBALL LEAGUE CLASSIFICATIONS:

- EE league play – Novice (no homeruns/a homerun ends the half inning). The team is out for a little fun and exercise. New teams or teams with the majority of players who are new to the game.
- E league play– Recreation (1 homerun per game, all others are outs). The team is a balance of newer players and those with some playing experience. Some established teams.
- D league play – Upper (3 homeruns per game, all others are outs). The team is a balance of experienced and average players looking for a higher level of play who regularly play in leagues and some tournaments.
- C league play - Competitive (4 homeruns per game, all others are outs). Established Teams. Teams consist of skilled and experienced players who play in leagues and tournaments.

SOFTBALL

Men's Competitive Summer Softball (ages 18+)

Come and play USSSA softball at the award winning Ballpark at Erie! Level of play for this adult league is Competitive (C). Fees must be paid in full at time of registration. The summer season consists of twelve weeks (double header league) with the last week of play as positional playoff games. Awards given to positional playoff champion. No roster maximum; however, rosters freeze after the fifth week of play. A mandatory organizational meeting for new teams will be held on Thursday, May 17, at 7:00 pm at the Center. A team representative is required to attend. Maximum of eight teams for this league. Registration deadline is May 15.

Day:	Wednesday
Date:	2203.105 - May 23 - August 22 (No games June 27 & July 4)
Time:	6:00, 7:00, 8:00 or 9:00 pm
Fee:	R \$1,199 / NR \$1,499

Men's / Mixed (Coed) Summer Softball (ages 18+)

Come and play USSSA softball at the award winning Ballpark at Erie! A variety of men's and mixed leagues are available. Level of play for this adult league is recreational. Fees must be paid in full at time of registration. The summer season consists of twelve games with the last week of play as positional playoff game. Awards given to positional playoff champion. No roster maximum; however, rosters freeze after the fifth week of play. A mandatory organizational meeting for new teams will be held on Thursday, May 17, at 7:00 pm at the Center. A team representative is required to attend. Maximum of eight teams per league. Registration deadline is May 15.

Day:	Tuesday - May 22 - August 21 (No games June 26 & July 3)
Date:	2200.105 - Men's (E) 2201.105 - Men's (D) 2202.105 - Mixed (EE)
Day:	Wednesday - May 23 - August 22 (No games June 27 & July 4)
Date:	2208.105 - Mixed (E) 2204.105 - Mixed (D)
Day:	Friday - May 25 - August 24 (No games June 15 & June 29)
Date:	2205.105 - Men's (D) 2207.105 - Mixed (D) 2206.105 - Men's (E) 2202.109 - Mixed (E)
Time:	6:00, 7:00, 8:00 or 9:00 pm
Fee:	R \$659 / NR \$825



Men's Competitive Fall Softball (ages 18+)

Come and play USSSA softball at the award winning Ballpark at Erie! Level of play for this adult league is Competitive (C). The fall season will consist of an eight week schedule with double headers played each week (16 games) with the last week of play as a positional playoff game. Awards given to positional playoff champion. No roster maximum; however, rosters freeze after the fifth week of play. A mandatory organizational meeting will be held on Tuesday, August 28, at 7:00 pm at the Center. A team representative is required to attend. Maximum of eight teams for this league. Registration deadline is August 28.

Day:	Wednesday
Date:	2150.108 - September 5 - October 24
Time:	6:00, 7:00, 8:00 or 9:00 pm
Fee:	R \$719 / NR \$899

Men's / Women's / Mixed (Coed) Fall Softball (ages 18+)

Come and play USSSA softball at the award winning Ballpark at Erie! A variety of men's / women's / mixed leagues are available. Level of play for this adult league is recreational. The fall season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. No roster maximum; however, rosters freeze after the fifth week of play. A mandatory organizational meeting will be held on Tuesday, August 28, at 7:00 pm at the Center. A team representative is required to attend. Registration deadline is August 28.

Day:	Tuesday - September 4 - October 23
	2153.208 - Men's (E) 2154.208 - Men's (D) 2155.205 - Mixed (EE)
Day:	Wednesday - September 5 - October 24
	2156.209 - Mixed (E) 2156.210 - Mixed (D)
Day:	Thursday - September 6 - October 25
	2156.211 - Over 40 (Coed) (E) 2156.212 - Women's (E)
Day:	Friday - September 7 - October 26
	2152.208 - Men's (D) 2151.208 - Mixed (D) 2154.209 - Men's (E) 2151.209 - Mixed (E)
Time:	6:00, 7:00, 8:00 or 9:00 pm
Fee:	R \$439 / NR \$549



Adult Sports (cont.)

FLAG FOOTBALL

Men's & Coed Flag Football (ages 18+)

Level of play for this adult league is recreational. Fees must be paid in full at the time of registration. The fall season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. Roster maximum is 12 per team. A mandatory organizational meeting will be held on Monday, August 13 at 7:00 pm at the Center. A team representative is required to attend. Registration deadline is August 12.

Day: Thursday - August 23 - October 11
League: 2157.208 - Coed
2158.208 - Men's Rec
2159.208 - Men's Upper
Time: 6:00, 7:00, 8:00 or 9:00 pm
Fee: R \$365 / NR \$459

SOCCER

Coed Soccer (ages 18+)

Level of play for this adult league is recreational. Fees must be paid in full at time of registration. The fall season consists of eight games with the last week of play as a positional playoff game. Awards given to positional playoff champion. Play is 6 vs. 6 which includes a goalie, with a roster maximum of 12 per team (no male/female ratio requirements). Each team must wear similar uniforms and provide a game ball. The league is self-officiated by players. Unnecessary roughness or slide tackling is strictly prohibited. A mandatory organizational meeting will be held on Thursday, September 13 at 7:00 pm at the Center. A team representative is required to attend. Registration deadline is September 9.

Day: Sunday
Date: 2156.208 - September 16 - November 4
Time: 9:00 am, 10:00 am, 11:00 am or 12:00 pm
Fee: R \$199 / NR \$249

GOLF

Men's & Women's Golf (ages 18+)

This program is designed specifically for men or women wanting to learn the game of golf. Classes will focus on full swing, short game, rules, and etiquette. Fundamentals include grip, set-up, pivot, the backswing, the follow through, putting, chipping, pitching, and bunkers. Instructional classes are taught and supervised by experienced PGA golf professionals and Colorado National Golf staff. All classes meet at Colorado National Golf Club (2700 Vista Parkway). Golf clubs are provided if needed. Registration deadline is one week prior to class.

Day: Monday - Women's
Date: 2131.207 - July 9 - July 30

Day: Wednesday - Men's
Date: 2130.207 - July 11 - August 1

Time: 5:30 - 6:30 pm
Fee: R \$79 / NR \$99



RACQUETBALL

Racquetball League (ages 18+)

Adult racquetball leagues are now forming at the Center! Competition levels are Open/A, B, C, and Novice. Men's, Women's, and Coed leagues are available, and each league is eight weeks. Matches are played once a week, on a day and time convenient for both players. Match format is three games to fifteen points with all scores reported. Standings will be updated by the players online after the match. For more information, please contact Jerry Siravo at 303.335.4925 or awayoflifefitness@comcast.net. Registration deadline is three days prior to each league.

Day: Monday - Saturday
League: Men's, Women's, or Coed
Date: 2147.206 - June 4 - July 28
Fee: R \$25 / NR \$29

Private Racquetball Lessons (ages 18+)

Are you ready to bring your game to the next level? AmPro certified instructors are now available at the Center. For more information, please contact Jerry Siravo at 303.335.4925 or awayoflifefitness@comcast.net.

TENNIS



Beginner Tennis (ages 16+)

Learn all the basic strokes such as forehand, backhand, serve, return of serve, volleys, and overheads. You will also learn the basic rules and how to score so you can go out with your friends and have a great time. Racquets required. Classes held at the Erie Community Park tennis courts. Registration deadline is one week prior to the first class.

Day: Tuesday & Thursday
Date: Session I - 2139.205 - May 29 - June 14
Session II - 2138.206 - June 19 - July 5
Session III - 2141.207 - July 10 - July 26
Session IV - 2142.208 - August 7 - August 23
Session V - 2143.208 - September 4 - September 20
Time: 6:45 - 7:35 pm
Fee: R \$69 / NR \$85

Intermediate Tennis (ages 16+)

A great continuation and advanced tennis class for adults. We review all strokes with heavy emphasis on correct form. You will also learn the basic rules and how to score. This class is fast paced with plenty of drills and games to keep all participants interested. All levels welcome! Racquets required. Classes held at the Erie Community Park tennis courts. Registration deadline is one week prior to the first class.

Day: Tuesday & Thursday
Date: Session I - 2140.205 - May 29 - June 14
Session II - 2141.205 - June 19 - July 5
Session III - 2142.207 - July 10 - July 26
Session IV - 2143.208 - August 7 - August 23
Session V - 2144.208 - September 4 - September 20
Time: 7:40 - 8:30 pm
Fee: R \$69 / NR \$85

Private Tennis Lessons

Looking to improve your game? Please contact Steven Donahue at 303.547.7177 or steven@hustlesports.com for more information about private lessons.

Adult Sports (cont.)

DROP-IN ADULT SPORTS SCHEDULE

Wallyball (ages 18+)

Stop by the Center on Wednesday nights and participate in an exhilarating game of wallyball. Pick up games are available anytime from 6:00 - 9:00 pm in racquetball court #1. You know you want to play! For both men and women.

Racquetball Challenge (ages 18+)

See how you stack up against the competition on Thursday nights. Come in anytime between 6:00 - 9:00 pm, get your name on the board and see how long you can hold the court! For both men and women.

Ultimate Frisbee & Kickball (ages 18+)

Get your friends and neighbors together for a pick up game Saturday afternoons from 1:00 - 3:00 pm at the Erie Community Park – Civic Green. Equipment is available at Guest Service.

Sand Volleyball (ages 18+)

It's a perfect time of year for sand volleyball! Get your friends and neighbors together for a pickup game on Tuesdays at Coal Miners Park from 6:00 - 9:00 pm. Equipment is available at Guest Service.

RESIDENT/NON-RESIDENT TEAMS

To qualify as a resident team, 50% or more of the roster must be Erie residents.

OPEN GYM SCHEDULE

Please contact the Center or look online for open gym times as they will vary throughout the season.



50+ SPORTS

50+ Coed Volleyball

This is a traveling team affiliated with the Colorado Senior Volleyball Association. League play runs for 14 weeks and includes a tournament. Practices are held on Mondays at the Center. Teams will play on Wednesdays and travel to communities along the Front Range. Erie Parks & Recreation jerseys MUST be worn for all league play. At the time of your registration, you will be required to list a preferred size (jerseys may be used multiple seasons). Sample sizes available at Guest Service. Team jerseys cost \$25. Registration deadline is July 23.

Day: Monday & Wednesday - August 13 - November 14
Date: 5380.103 - Upper Recreation
5380.104 - Intermediate Recreation
5380.105 - Recreation
Fee: 60+ R \$49 / NR \$59
50-59 R \$59 / NR \$75

50+ Team Captains/Representatives are needed.
Please call 303.926.2796 for additional
information. For more league information
and to view the 50+ Free Agent List,
please visit: www.erieparksandrec.com

DROP-IN 50+ ADULT SPORTS SCHEDULE

Racquetball – Tuesdays: 8:30 - 11:30 am (singles/doubles)
Pickleball – Tuesdays: 11:00 am - 1:00 pm (singles/doubles)
Pickleball – Thursdays: 12:30 - 2:30 pm (singles/doubles)
Volleyball – Fridays: 11:00 am - 1:00 pm
Tennis – Fridays: 11:00 am - 1:00 pm (weather permitting)

Active Adults 60+

COLUMBINE LOUNGE ACTIVITIES

The Columbine Lounge is open Monday - Friday, from 8:00 am - 4:00 pm. You are welcome to stop by for a cup of coffee, join others who are playing a variety of games, log on to one of our computers, read a book, play a game of pool, or enjoy visiting with others. Participation in the lounge is free of charge to residents and non-residents.

Did you know we have many board games and puzzles available for your use? Also, we have a book and movie exchange. If you have a book or movie you would like to recycle, please leave it on the bookshelf in the Lounge for someone else's enjoyment.

DROP-IN ACTIVITIES

You are welcome to drop in anytime during our lounge hours to play your favorite game. Join us during these times when others will be playing the following games or activities. These scheduled times are ongoing in the Columbine Lounge.

Monday & Friday 9:00 am – Coffee Talk
Tuesday 12:30 pm – Bridge
Friday 1:00 pm – Mahjong

FRIENDSHIP CIRCLE

This program is open to all new residents of Erie or seasoned residents who would like to get to know their neighbors. If you are interested in meeting others, developing friendships, and participating in activities that are organized by the group, please consider joining us. Call Dave & Sandy at 303.219.7316 for a schedule of activities. Group meets the 3rd Thursday of each month at 1:30 pm in the Columbine Lounge.

FRIDAY AFTERNOON BINGO

Join in on the fun in this friendly game of BINGO and an afternoon to socialize with friends. Registration is not required. Bingo is played in the Mitchell Room. Prizes are sponsored by Life Care Center of Longmont.

Date: 1st Friday of the Month
Time: 1:00 pm
Fee: FREE

FRIDAY AFTERNOON MOVIES

Join your friends and neighbors for an afternoon movie and popcorn as the Mitchell Room is turned into a movie theater. Movie titles will be announced in the Active Adult / SilverSneakers® newsletter. If you would like to make a movie suggestion, please call 303.926.2795 or stop by the Columbine Lounge. There is a \$2 suggested donation. Registration is not required.

Date: 4th Friday of the Month
Time: 1:30 pm
Fee: \$2 suggested donation

LUNCHES

Lunches are provided by the Weld County Senior Nutrition Program every Thursday at 12:15 pm. Join us for the social hour beginning at 11:00 am. Reservations are required by Tuesday at 5:00 pm by calling 303.926.2795.

After Lunch Entertainment

After the Thursday lunch, join us for free entertainment. Entertainment begins at approximately 12:45 pm and is open to anyone, whether you eat lunch with us or not. Entertainment will not be scheduled for every lunch. Please check the schedule in the Active Adult / SilverSneakers® newsletter or call 303.926.2795.

COMMUNITY RESOURCE PROGRAM

If you need information or assistance connecting to local resources for seniors (60+) and their families residing in Erie, please call 303.926.2795.

50+ COED SPORTS / DROP-IN SPORTS

For more information on these programs, please see page 31.

SILVERSNEAKERS®

SilverSneakers® has arrived! The Healthways SilverSneakers® Fitness Program is the nation's leading fitness program designed exclusively for older adults. The comprehensive program addresses the physical, mental, and social needs of Medicare-eligible members (usually 65-plus). SilverSneakers® members of a sponsoring health plan receive a no-cost basic membership that includes the opportunity to participate in the signature SilverSneakers® group exercise classes. Please check our website at www.erieparksandrec.com for more information and FAQ's.

SILVERSNEAKERS® NEW MEMBER MEETING

Meet your SilverSneakers® Advisor and learn all about the many benefits of your SilverSneakers® membership and fitness classes offered. Call 303.926.2795 for more information.

Day: Wednesday
Date: 5351.206 – June 13
5351.207 – July 18
5351.208 – August 8
Time: 10:00 – 11:00 am
Fee: Free

PARTNERSHIP PROGRAMS

FOOT CLINICS

A registered nurse provides a full range of services to treat your feet the 4th Tuesday of each month. Call Summercares at 303.651.5224 to make an appointment and for fee information.

VIA

Via, formerly Special Transit, provides low cost, door-to-door wheelchair accessible transportation within Boulder County. No-fare (free) or reduced-fare options are available for those who find these fares a hardship. Call 303.447.2848 to see if this service works for you.

- Service within Erie: Thursdays (and other weekdays on a space-available basis)
- Fares: \$1.25 one-way/\$2.50 round trip
- Thursdays: Pick-ups from 7:30 am – 5:00 pm
- Ride requests can be made up to 7 days in advance
- Service to Louisville and Lafayette: Thursdays (and other weekdays on a space-available basis) \$2 one-way/\$4 round trip
- To Boulder (Wednesdays, Thursdays, Fridays) and To Longmont (Tuesdays)
- \$4 one-way/\$8 round trip. Call for trip times

Travel Training:

1-on-1, comprehensive instruction prepares seniors to safely and confidently use RTD and Call-n-Ride buses. Call 303.447.2848, ext. 1048 to learn more.

Transportation Options:

Learn how to access local and regional transportation services and mobility options through a free telephone consultation with a mobility specialist from Via. Call 303.447.2848, ext. 1047.

Active Adults 60+

TRIPS

Rockies vs Los Angeles Angels

Don't miss out on the action at Coors Field. Watch the Rockies take on the Angels. Seats are covered. Price includes ticket and transportation. Registration deadline is May 28.

Day: Sunday
Date: 5317.206 – June 10
Time: 12:00 – 4:00 pm
Fee: R \$15 / NR \$19

Wise Homestead Museum & Miners Tavern

The Wise Homestead dates back to 1869, when Oliver Wise, his wife Adaline (Ada), and their three children came across the plains from Wisconsin to settle in Colorado. Oliver built a small log cabin and began to farm the land. In 1870, he was granted a U.S. Homestead Patent on the property, and began building a permanent farmhouse. The family farmhouse can be described as a Western Victorian, and is now one of the oldest frame houses in Boulder County. After the tour we will have lunch at the Miners Tavern in Erie. Price includes transportation and museum. Lunch is own your own, price range \$4-\$8. Registration deadline is June 7.

Day: Friday
Date: 5305.206 – June 15
Time: 10:30 am – 1:30 pm
Fee: R \$3 / NR \$5

Scandinavian Midsummer Festival in Estes Park

This is a wonderful event with something to interest people of every age. Entertainment runs continuously throughout the day, with dancing by various folk groups and live Scandinavian music performances. There will be opportunities to join in and dance along. You'll find Scandinavian food and craft vendors, a Viking encampment, a silent auction, and a raffle booth too. Fee includes transportation and festival. Meals are on your own. Registration deadline is June 14.

Day: Saturday
Date: 5316.206 – June 23
Time: 8:00 am – 3:00 pm
Fee: R \$9 / NR \$11

Wild Animal Sanctuary & Lunch

A Sanctuary is a place where animals can come to live and be protected for the rest of their lives. It's a safe haven, where they receive the very best care possible. The current facility is situated on 720 acres of rolling grassland. The Sanctuary was designed and built with a centralized compound located in the middle of the habitats. This portion of the facility is used as an initial receiving area for new rescues, and has specifically designed areas that allow animals to recuperate and adjust to their new surroundings. The facility also has a unique system of elevated cat-walks and observation platforms which allow people to view the rescued animals enjoying their new life in large acreage habitats. Lunch will be at Pepper Pod. Fee includes transportation and sanctuary. Meals are on your own, price range \$5-\$20. Registration deadline is June 19.

Day: Wednesday
Date: 5325.206 – June 27
Time: 8:30 am – 1:00 pm
Fee: R \$15 / NR \$19



Vail Valley Music Festival

World-class orchestras, world-class soloists and world-class venues – it's how the Festival stands apart as one of the leading music festivals in the country. The Festival brings first-rate culture to the Vail Valley. With music to match its mountains, the Festival is a summer tradition that is not to be missed. After the concert we will have time to spend in the heart of Vail sight seeing and eating. Fee includes transportation and festival. Meals are on your own. Registration deadline is June 27.

Day: Thursday
Date: 5307.207 – July 12
Time: 8:00 am – 4:00 pm
Fee: R \$9 / NR \$11

Rockies vs Pittsburgh Pirates

Don't miss out on the action at Coors Field. Watch the Rockies take on the Pirates. Seats are covered. Price includes ticket and transportation. Registration deadline is July 2.

Day: Wednesday
Date: 5300.207 – July 18
Time: 12:00 – 4:00 pm
Fee: R \$15 / NR \$19

Miramont Castle & Lunch

You are invited to experience life as it would have been in Victorian times, from the Castle itself where you can view 42 rooms resplendent in authentic Victorian furnishings, to the Queen's Parlour Tea Room where you can feast on Victorian (and modern day) fare made fresh daily. Lunch will be in the Tea Room. After the tour and lunch we will have time to spend in the heart of Manitou Springs sightseeing. Fee includes transportation and castle. Meals are on your own, price range \$7-\$10. Registration deadline is July 20.

Day: Wednesday
Date: 5311.208 – August 1
Time: 8:00 am – 4:00 pm
Fee: R \$15 / NR \$19

NEIC Tour & Lunch

The mission of the National Earthquake Information Center (NEIC) is to determine rapidly the location and size of all destructive earthquakes worldwide and to immediately disseminate this information to concerned national and international agencies, scientists, and the general public. The NEIC tour consists of a 30 to 45 minute lecture about the NEIC operations, the Earthquake Early Alerting Service, and earthquakes in general. Lunch will be at Bridgewater Grill. Fee includes transportation and museum. Meals are on your own, price range \$6-\$11. Registration deadline is August 3.

Day: Monday
Date: 5301.208 – August 13
Time: 9:00 am – 1:30 pm
Fee: R \$5 / NR \$7

Active Adults 60+ (cont.)

THE BREAKFAST CLUB

Join the club as we hit a new spot for breakfast once a month. All meals and tips are on your own. Price range varies for each restaurant. Registration deadline is one week prior to each trip.

Snooze, Boulder - Price range: \$7 - \$11

Day: Tuesday
Date: 5320.206 – June 5
Time: 9:00 – 11:00 am
Fee: R \$3 / NR \$5

The Egg & I, Broomfield - Price range: \$5 - \$11

Day: Tuesday
Date: 5323.207 – July 10
Time: 9:00 – 11:00 am
Fee: R \$3 / NR \$5

Original Pancake House, Boulder - Price range: \$8 - \$12

Day: Tuesday
Date: 5306.208 – August 7
Time: 9:00 – 11:00 am
Fee: R \$3 / NR \$5

THE SUPPER CLUB

Join the club as we dine at a new restaurant once a month. All meals and tips are on your own. Price range varies for each restaurant. Registration deadline is one week prior to each trip.

DiCicco's, Arvada - Price range: \$7 - \$30

Day: Wednesday
Date: 5322.206 – June 20
Time: 4:15 – 7:15 pm
Fee: R \$5 / NR \$7

Brick House Barbeque, Mead - Price range: \$7 - \$25

Day: Wednesday
Date: 5318.207 – July 25
Time: 4:30 – 7:00 pm
Fee: R \$5 / NR \$7

Old Neighborhood, Arvada - Price range: \$8 - \$25

Day: Wednesday
Date: 5321.208 – August 22
Time: 4:15 – 7:15 pm
Fee: R \$5 / NR \$7



HIKES

For additional information on all hikes please call 303.926.2795. Please gauge your ability—hiking is physically demanding. Hiking equipment recommended: day-pack, footwear with good support and lugged soles for traction, rain gear or poncho, snacks/lunch, at least one quart of water, clothing for the time of year and varying weather, hat, sunglasses and sunscreen. Registration deadline is one week prior to each trip.

Eastlake Open Space, Thornton

Watering holes such as Eastlake do more than simply provide us with a diversion. With Colorado on the Winged Migration highway, traveling birds anxiously look for spots such as this to house them as they take a break from their flights. The level of difficulty is low. This will be a 1.4 mile loop.

Day: Friday
Date: 5315.206 – June 8
Time: 8:30 – 11:00 am
Fee: R \$3 / NR \$5

Sawhill Ponds, Boulder

This old gravel quarry has been converted to wetlands with a multitude of ponds scattered about. Bird watching and just strolling along the trail are other enjoyable recreational activities in the area. Accessible restrooms are also nearby. The level of difficulty is low-moderate. This will be a 1.8 mile loop.

Day: Friday
Date: 5319.207 – July 20
Time: 8:30 – 11:00 am
Fee: R \$3 / NR \$5

Mt. Falcon Park, Indian Hills

Ever since Evergreen was settled, the four rock formations called the Three Sisters and The Brother have been landmarks providing spectacular views of the Bear Creek Basin. The level of difficulty is moderate to difficult. This will be approximately a 2 mile hike.

Day: Friday
Date: 5326.208 – August 10
Time: 7:30 am – 11:30 am
Fee: R \$5 / NR \$7



Active Adults 60+ (cont.)

SPECIAL EVENTS

For additional information on all special events please refer to the Active Adult/ SilverSneakers® newsletter available in the Columbine Lounge or call 303.926.2795.

Multicultural Potluck @ Boulder Senior Center

Boulder has joined our potluck family and they are hosting this June event. Our neighbors from Lafayette and Longmont will unite with us as we travel to West Boulder for food, fun, friendship and some great entertainment. Bring a dish to share. Registration deadline is June 5.

Day: Tuesday
Date: 5302.206 – June 12
Time: 11:00 am – 2:00 pm
Fee: R \$3 / NR \$5 – riding on the Erie van
Fee: 5306.206 – Free – driving on own

Tri Town Patriotic Picnic

Flags are waving and our pride is high – please join us as we celebrate the Fourth of July! Celebrate our nation’s independence and 236th birthday by wearing your best red, white, and blue! Picnic will include BBQ chicken, baked beans, potato salad, and watermelon. Music/entertainment is being planned as well as some contests and door prizes! Lots of shade – just bring your chairs! Picnic will be held at Crist Park, 105 5th Street in Frederick. Registration deadline is June 25.

Day: Tuesday
Date: July 3
Time: 10:30 am – 2:30 pm
Fee: 5302.207 – R \$3 / NR \$5 – riding on the Erie van
5306.207 – Free – driving on own

GRAND ADVENTURES

Grand Adventures - Get Back to Nature

Join us as we enjoy a nurture hike and a treasure hunt around Erie Community Park. We will create a cement garden stepping stone, press flower book-mark, and nature inspired binoculars. Bring your picnic lunch and blanket to enjoy afterwards. Brought to you by Harmony’s A.C.T. Art Classes. Registration deadline is June 29. Grandchildren welcome (ages 3 - 12)!

Day: Friday
Date: 5312.207 – July 6
Time: 10:00 am – 12:00 pm
Fee: R \$15 / NR \$19 – Each Child
5315.207 – R \$2 / NR \$4 – Each Grandparent

Grand Adventures - Bear Olympics

Bring your bear or favorite stuffed animal as we experience some all American Olympic games; bear toss, bear sack race, and more. Children will make U.S.A. sun visors, an American Flag banner, and each participant will win a gold medal! Bring your picnic lunch and blanket to enjoy afterwards. Brought to you by Harmony’s A.C.T. Art Classes. Registration deadline is August 7. Grandchildren welcome (ages 3 - 12)!

Day: Tuesday
Date: 5312.208 – August 14
Time: 10:00 am – 12:00 pm
Fee: R \$15 / NR \$19 – Each Child
5315.208 – R \$2/NR \$4 – Each Grandparent

FREE EDUCATIONAL TALKS

Join us for fun and educational talks or presentations. All discussions are lead by a professional in the field. Talks will be held in the Columbine Lounge. **Please register one week prior to talk.**

Dizziness, Balance, & Fall Risk Reduction

Join physical therapist Stephanie Dunn, PT MPT GEAAA GCS, in a discussion about dizziness and vertigo as well as ways to reduce the risk of falls. She will also demonstrate some simple exercises to improve balance and tips for reducing hazards in the home environment.

Day: Thursday
Date: 5354.105 – May 17
Time: 10:00 – 11:00 am
Fee: Free

Senior Advantage

This presentation will give a brief review of Medicare, an explanation of Kaiser Permanente’s integrated care model and Five Star Medicare Plan rating, and concludes with a summary of the Senior Advantage benefits.

Day: Thursday
Date: 5355.105 – May 31
Time: 9:00-11:00 am
Fee: Free

Bestowing our Blessings: Creating Legacy Letters

Creating a legacy letter is simple but it is one of the most important and treasured gifts you can leave your family and friends. In this gathering, we’ll talk about some of the easy ways to begin to shape your reflections about life and how you can pass them on to those who matter to you. Anyone can do it!

Day: Thursday
Date: 5311.206 – June 21
Time: 10:00 – 11:00 am
Fee: Free

Chronic Pain Management

Tools for pain management using manual therapy techniques and other modalities, including E-stim, diathermy, and ultrasound are discussed during this presentation.

Day: Thursday
Date: 5308.208 – August 2
Time: 10:00 – 11:00 am
Fee: Free

The ART of Avoiding Diabetes

This talk will feature fun facts and serious advice on preventing diabetes. It will hit a little on what diabetes is and the different types. It will also go over the current research findings and how they are linked to the lifestyle strategies currently recommended to prevent diabetes.

Day: Thursday
Date: 5309.208 – August 30
Time: 10:00 – 11:00 am
Fee: Free

Birthday Parties

BIRTHDAY PARTIES

All parties include one hour of activity and one hour in the party room. Activities include admission to the indoor playground, swimming pool, or climbing wall, for up to 10 children. An additional fee will be charged for each additional child. The Center will provide a quarter sheet cake in your choice of two flavors, candles, juice, balloons, plates, napkins, and silverware. Our staff will set up, decorate, and clean up.

Mini-Miners Indoor Playground Party

This package includes party room rental and admission for up to 10 children to the indoor playground. Available only to children 9 years and younger.

Fee: R \$69 / NR \$85

Swimming Pool Party

Includes party room rental and admission for up to 10 children to the swimming pool area.

Fee: R \$89 / NR \$109

Climbing Wall Party

Includes party room rental and one hour of belay rides for up to 10 children (with a certified climbing staff member).

Fee: R \$105 / NR \$129

AVAILABLE THEMES (CHOOSE ONE):

Party Color Choices:

Pink
Purple
Blue
Red
Green
Orange
Black
Yellow

Theme Choices:

Spiderman
Princess
Dinosaur
Pirate
Toy Story
Sponge Bob

Cake/Icing Choices - Vanilla or Chocolate

ADDITIONAL INFORMATION

Fees for additional children:

Mini-Miners	R \$3 / NR \$4
Swimming Pool	R \$4 / NR \$5
Climbing Wall	R \$5 / NR \$6

Pizza is available upon request (\$10 extra per pizza)



Parks, Athletic Fields & Shelters



	Ballfields	Basketball	Drinking Fountains	Fishing	Walking Trails	Handicapped Access	In-Line Hockey Rink	Parking	Picnic Tables	Bar-B-Q Grills	Playground Equipment	Portable Restrooms	Shelters	Soccer/Playing Fields	Tennis Courts	Sand Volleyball	Electricity	Total Acres
Arapahoe Ridge Park 1750 Powell Street	•					•		•	•	•	•	•		•	•			7.3
Coal Creek Park 575 Kattell	•					•		•	•	•	•	•	•	•				7
Coal Miners Park 470 Cheesman						•		•	•	•	•	•	•			•		1
Columbine Mine Park 1936 Skyline Drive	•				•	•	•	•	•	•		•	•	•			•	8.8
Country Fields Park 1801 Tynan Drive	•		•		•	•		•	•		•	•	•	•				29
Crescent Park (formerly Kenosha Park) 1300 Lombardi Street			•		•	•		•	•	•	•	•	•	•				7.75
Erie Community Park 450 Powers Street	•		•		•	•		•	•	•	•	•	•	•	•		•	41
Erie Lake North of Arapahoe on HWY 287				•	•	•		•				•						31
Lehigh Park 751 Eichhorn Drive			•		•	•		•	•	•	•	•	•	•				6
Longs Peak Park 311 Wheat Berry Drive & 339 Meadow View Parkway	•	•			•	•		•	•	•	•		•	•				13
Reliance Park (formerly Northridge Park) 900 WCR 1.5	•		•			•		•	•		•	•	•	•			•	5
Thomas Reservoir 2000 N. 119 th Street				•	•	•		•	•			•	•					33

PARKS RESERVATIONS

Shelters, ballfields, and soccer/playing fields are available to rent for your next function. Please contact the Center at 303.926.2550 for rental fees and availability.

PARK SHELTER PERMIT DATES

Spring
March 15 - May 31
(permits open to R - January 2 / NR - January 9)

Summer
June 1 - August 31
(permits open to R - April 1 / NR - April 8)

Fall
September 1 - November 15
(permits open to R - July 1 / NR - July 8)

Rent one of the many shelters at the Erie Community Park for your next party, family reunion, picnic or more! Call the Center or visit the website for more information!

ATHLETIC FIELD PERMIT DATES


Permit dates available
March 15 - November 15

Permit applications will be accepted from November 1 - December 15 for priority consideration. Applicants will be notified the first Town business day in January. After December 15, applications will still be accepted and considered on a first come, first serve basis.

ERIE COMMUNITY PARK SHELTERS

(fees are per 2 hours)	Occupancy Seated	Resident	Non-Resident	Non-Profit
Garfield (entire shelter)	100	\$40	\$50	\$35
Jackson (East Wing)	50	\$20	\$25	\$17
Stewart (North Wing)	25	\$15	\$20	\$13
McGregor (South Wing)	25	\$15	\$20	\$13
Concession (West)	24	\$15	\$20	\$13
Concession (East)	24	\$15	\$20	\$13

Facilities & Amenities

 ERIE COMMUNITY CENTER	Occupancy	AV Cart - DVD, CD, TV, Projector	Bleachers	Microphone	Outdoor Patio	Podium	Projection Screen	Refrigerator/Freezer	Sink	Sound System	Tables and Chairs	Warming Oven	Wood Floor	Resident*	Non-Resident*	Non-Profit*
Bouldering/Climbing Wall	11													\$75	\$95	\$60
Briggs Multi-Purpose Room	100	•		•	•	•			•	•	•			\$40	\$50	\$30
Columbine Lounge	40	•		•		•			•		•			-	-	-
Fitness Studio	35	•		•		•					•		•	\$40	\$50	\$30
Garfield Commons + Kitchen	278	•		•	•	•	•	•	•	•	•	•		\$150	\$189	\$125
Full Gym	625		•	•		•				•	•		•	\$60	\$75	\$50
1/2 Gym	313		•	•		•				•	•		•	\$30	\$39	\$25
Kitchen	-							•	•			•		\$50	\$65	\$40
Lehigh Multi-Purpose Room (stage)	33	•		•		•				•	•			\$30	\$39	\$25
Lloyd Multi-Purpose Room	86	•		•	•	•	•		•	•	•		•	\$40	\$50	\$30
Mini-Miners Indoor Playground	45													\$75	\$95	\$60
Mitchell Multi-Purpose Room	92	•		•	•	•	•		•	•	•			\$40	\$50	\$30
Pool - Lap Lanes	-													\$50	\$65	\$40
Pool	429															
0-50 People														\$150	\$189	\$120
51-100 People														\$200	\$250	\$160
101-150 People														\$250	\$315	\$200
Party Room	35	•						•	•		•			\$30	\$39	\$25
Racquetball Courts	16												•	-	-	-
T-Town	20										•			-	-	-

*Prices are per hour

ERIE COMMUNITY CENTER FACILITY PERMIT DATES

Winter/Spring
January 1 - May 31
(permits open R - November 1 / NR - November 8)

Summer
June 1 - August 31
(permits open to R - April 1 / NR - April 8)

Fall
September 1 - December 31
(permits open to R - July 1 / NR - July 8)



Registration Information

HOW DO I REGISTER?



Online at www.erieparksandrec.com
Follow the links to our online registration system.



Walk-In - Register in person at the
Erie Community Center

WHEN DO I REGISTER FOR PROGRAMS AND CLASSES?

Residents -
April 21

Non-Residents -
April 28

Unless otherwise noted, registration deadline is the Saturday before the first program meeting date.

PARTICIPATION

Minimum participation is required for many of our activities and classes; the Parks & Recreation Department reserves the right to cancel any class due to low participation numbers. You will be notified prior to the first class if a program has been cancelled.

VOLUNTEER OPPORTUNITIES

For volunteer opportunities with Erie Parks & Recreation please visit our website at www.erieparksandrec.com, click on "activity registration" and enter keyword "volunteer", or email us at volunteer@erieco.gov or call the volunteer hotline at 303.926.2557.

Opportunities available include: Special Events, Youth Sports Coaching, Parks Projects, Active Adults 60+ Programs.

We offer a volunteer incentive program! Earn free passes to the Erie Community Center and more! Visit our website at www.erieparksandrec.com for details on the volunteer incentive program.

ACTIVITY REFUND/CANCELLATION POLICY

For activities cancelled by the Parks & Recreation Department, payments will be credited to your account. A refund will be issued upon written request.

A full (100%) credit or refund will be issued if:

- withdrawals are requested at least seven (7) calendar days prior to the activity start date

A 75% credit or refund will be issued if:

- withdrawals are requested up to six (6) calendar days prior to the activity start date

A 50% credit will be issued if:

- withdrawals are requested after activity date begins and before activity session is 50% complete

No credit or refunds will be issued after activity session is 50% complete

Late activity registrations will not be prorated.



What are the Benefits of Parks & Recreation?

The benefits are many, and they are endless! Whether the benefits are individual, community, economic, or environmentally related, they are substantiated by facts, field studies, testimonials, and research findings within the industry.

Everyone in Erie benefits from essential parks and recreation programs, services, and facilities!

Increases community pride

Builds family unity

Promotes sensitivity to cultural diversity

Reduces crime

Increases property value

Strengthens neighborhood involvement

Provides safe places to play

Educates children and adults

Meet your fitness goals!

Builds self-esteem

Reduces stress

Meet friends and make new friends



Eliminates loneliness

Enhances relationships

Learn vital life skills

Helps you relax

Live longer

Improves the quality of your life

Diminishes chance of disease

Provides clean air and water

Protects the environment

Learn about wildlife and nature

Increases physical health and well-being

Volunteer - give back to Erie

The Erie Parks & Recreation Department is working toward achieving national accreditation and is striving to complete this process by October 2012.

WHAT IS CAPRA ACCREDITATION?

CAPRA is the Commission for Accreditation of Park and Recreation Agencies

CAPRA develops standards of excellence and implements the national accreditation program

CAPRA recognizes agencies for excellence in operations and services

BENEFITS TO YOU - THE ERIE COMMUNITY:

Assurance and validation of well-administered services in accord with industry best practices

Potential cost savings and external financial support

External recognition of a quality government service

Ensures accountability to you - the community - and responsiveness to your needs

Improves guest service and quality services

Demonstrates our commitment to you - our team, our volunteers, our guests and our community

The Erie Parks & Recreation Department hopes to join an elite group of agencies. Less than 1% of parks & recreation agencies in the United States have achieved this honor and only two others in Colorado have earned this coveted designation!

Parks & Recreation Admin.

645 Holbrook

P.O. Box 750

Erie, CO 80516

303.926.2790

Recreation Division

450 Powers Street

P.O. Box 1110

Erie, CO 80516

303.926.2550

Parks Division

150 Bonnell Avenue

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303.926.2887